Wednesday's Jackpot
$20,000,000 estimated
LOTTO 649

HIGHER LEARNING, HIGHER PRICE
ADVICE ON FINDING THE FUNDS {page 32}

IT'S A GIRL
SPICING UP THE BECKS CLAN
DISH {page 22}

TORONTO metro®
Tuesday, February 8, 2011
www.metronews.ca
News worth sharing.

▶ Tennis player Rafael Nadal of Spain poses with his Laureus World Sportsman of the Year trophy yesterday at the 2011 Laureus World Sports Awards at the Emirates Palace in Abu Dhabi, United Arab Emirates.

IAN WALTON/LAUREUS/GETTY IMAGES

Nadal nabs sportsman of the year

Spanish tennis ace Rafael Nadal and Olympic skiing champion Lindsey Vonn won this year's individual Laureus Sports Awards, with Spain's World Cup soccer winners taking the team prize.

What's all the racket?

Not your usual table tennis at King Street hot spot {page 3}

Kessel's self-criticism

Leafs forward opens up on staying with the team {page 37}

Curbing city's trash collection

▶ Mayor Ford begins process to privatize garbage pickup ▶ Also wants bids for litter collection in parks ▶ Coun. Minnan-Wong says savings could total $8 million

Mayor Rob Ford has begun the process of expanding privatized garbage pickup, announcing plans to seek bids for residential curbside collection west of Yonge Street to the Etobicoke border.

"We are doing this so we're not going to go through another 40-day garbage strike like we did last year. We're going to save millions of dollars ... That's what people elected us to do," Ford said at a news conference yesterday.

City council has the final word on any privatization plans.

Public works and infrastructure committee chair Coun. Denzil Minnan-Wong said the city gave CUPE Local 416 the required three months' notice yesterday of its intention to recommend to council that a competitive bid process be undertaken.

CUPE's current contract guarantees all permanent full-time workers will be moved to another city job if their positions are contracted out. There are no such provisions for temporary and part-time workers.

TORSTAR NEWS SERVICE
WITH FILES FROM THE CANADIAN PRESS

CUPE Local 416

ANDREW WALLACE/TORSTAR NEWS SERVICE

Mark Ferguson, the head of Toronto's public workers' union, says the move is an ideological attack and cited studies that suggest contracting out waste collection costs more.

- Ferguson says the data used by Ford to support contracting out the service is based on "fuzzy math."
- Ford has stressed CUPE Local 416 will be able to compete for any garbage pickup contracts. But Ferguson has said his workers will not compete for their own jobs.

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When they told me my daughter had a hole in her heart, SickKids kept mine from breaking.

Mom, Kimberly

Kailey, 5 months

Surgical correction for a ventricular septal defect at 3 months old.

Shock. Confusion. Despair.
Kimberly felt them all when they told her what was wrong with her baby.
Thankfully the doctors and nurses at SickKids explained what needed to be done and helped her through it.
By the time Kailey underwent surgery to close the hole in her heart, Kimberly knew her daughter was in good hands.
SickKids researchers are trying to find ways of preventing or treating heart conditions even before birth.
They're also seeking ways to minimize the risks of more conventional treatment like heart surgery.
We have to find more ways to improve the health of children.

Research is key.
Scientific breakthroughs will lead to better vaccines, drugs and other treatments that will slow disease and save lives.
Discoveries mean kids like Kailey will spend less time in the hospital.
Your donations help pay for leading-edge equipment and facilities that help our researchers turn lab findings into improved care for kids.
You fund the training of the next generation of child health experts.
Without you it will be simply impossible to sustain the world-class research that takes place at SickKids.
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Super spike in power use

The agency that co-ordinates Ontario's electricity supply says it knows exactly when football fans began preparing their Super Bowl snacks.

The Independent Electricity System Operator said electricity demand jumped by about 700 megawatts — enough to power a city the size of London — at 5:40 p.m. Sunday. Agency spokeswoman Alexandra Campbell said that's about 450 megawatts higher than the normal demand.

THE CANADIAN PRESS

Post-game DUI arrests

Despite warnings, Toronto police say they arrested several people for drinking and driving offences after Sunday's Super Bowl.

Police say between 15 and 20 people were arrested for drinking and driving. They include a woman whose car hit the centre guardrail on the Gardiner Expressway.

THE CANADIAN PRESS

News in brief

Man jailed for touching girl

COURT. A 48-year-old Toronto man who touched a seven-year-old girl at a hotel swimming pool in 2007 has been sentenced to jail.

Justice Anne-Marie Hourigan sentenced Edgardo Mejia to four months in jail in addition to the 54 days of pre-trial custody he already served.

Mejia, who pleaded guilty to sexual interference, was also placed on probation for three years.

THE CANADIAN PRESS

DAVID COOPER/TORSTAR NEWS SERVICE

▶ Ryan Fisher is opening a $1.5-million ping-pong club this summer on King Street.

Ping-pong going glam at clubhouse

SPiN holding company has locations in N.Y.C., L.A. and Milwaukee

Toronto's ping-pong players will soon be able to swing their paddles in style at a 12,000-square-foot clubhouse.

SPiN Toronto, scheduled to open this summer at 461 King St. W. at Spadina Avenue, will be modelled after SPiN New York, the club billed as "the Taj Mahal of table tennis" and co-founded by actor Susan Sarandon, the self-proclaimed "Johnny Appleseed of ping-pong."

The club, which is being designed by New York's Todd Oldham, will have a "fun and funky look," at least a dozen ping-pong tables, a licensed bar, and a full food menu with sharing items like charcuterie plates, mini tacos and flatbreads, says SPiN Toronto founder Ryan Fisher.

Interested?

- Walk-ins will pay $20 an hour before 6 p.m. and $30 an hour after 6 p.m., with memberships starting at $400 a year.
- Membership perks include one free hour of play a month, half price on all bookings and the ability to make reservations up to a week in advance.

Fisher, 32, started playing ping-pong as a kid in South Africa and at age nine moved to Canada, where racquet sports were less popular and finding a ping-pong table was a bit of a game unto itself.

But in recent years, the Olympic sport has become more mainstream. In Toronto, a group of aficionados launched the Dedicated Association of Ping Pong Players and started hosting charity tournaments.

SPiN Toronto, a $1.5-million investment backed by some local partners including Fisher and his father, Ian, will be open during the day and until 2 a.m. most nights.

"It's for everyone," Fisher says. "Kids play, women play, men play, you can play competitively, you can play while you're drinking, you can play with your kids."

The club will also have ping-pong pros on hand for people who need some help learning the game.

TORSTAR NEWS SERVICE

1 news

Groupon Super Bowl ad stirs up fury over Tibet. Scan code for the story.

1 Download the free ScanLife application with your smartphone at 2dscan.com

2 Use the ScanLife application on your smartphone to scan 2D barcodes in Metro

3 The codes will direct your mobile browser to relevant content at m.metronews.ca

On the web at metronews.ca

Judge tells Church of the Universe members they're not exempt from marijuana laws. Video at metronews.ca

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Dig it or don't, more wintry chills en route

Cold weather to continue this week Those desperate for spring can put too much faith in groundhog's forecast

MARK HERBERT
TORONTO@METRONEWS.CA

A cold snap in this week's forecast could break the spirits of some Toronto residents hoping to get over the winter hump.

According to Environment Canada, temperatures will fall as low as –14 C by Thursday, sandwiched between mild weekends.

Although snow won't be a major concern during this cold spell, the conditions are not likely to prevent the occurrence of winter fatigue.

"People do not particularly enjoy winter," said Mark Berber, a professor of psychiatry at the University of Toronto.

TORSTAR NEWS SERVICE FILE

▶ Prof. Mark Berber

Berber said "winter blues" can include a loss of energy, creativity and a tendency to eat and sleep more. But there is an easy solution.

"Getting out with friends and exercising improves relationships," Berber said. "A change in activity improves the mood."

Groundhog Day can breed false hope and depression, however, if Wiarton Willie is wrong about an early spring.

"A lot of people are hoping for a change in weather," Environment Canada's Geoff Coulson said of Groundhog Day.

"They hope that maybe we've turned a corner, and then, 'Wham!' it gets cold again."

PC leader reverses on health tax

Eliminating Ontario's health-care tax is under consideration for the Progressive Conservative campaign platform, leader Tim Hudak said yesterday, just days after he vowed not to cut the premium.

Hudak put out a news release last Thursday calling Health Minister Deb Matthews a "liar" for suggesting the Tories planned to cancel the health tax of up to $900 per worker, which brings in $3 billion per year.

"Ontario PC Leader Tim Hudak has been very clear. If elected premier, he would not cut the health tax or Ontario's health-care budget," said the Feb. 3 Tory news release.

THE CANADIAN PRESS

Liberal warning

▶ Whether Hudak is talking about cutting the HST or the health tax, you cannot cut taxes without cutting services, warned Matthews.

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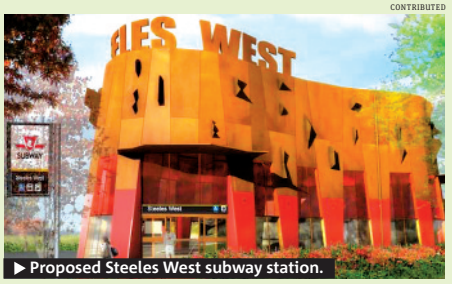

▶ Proposed Steeles West subway station.

SUBWAY EXPANSION

STEELES WEST STATION TO BE BUILT TOUGH

Organic, whimsical, a monster or a flying saucer — the new Steeles West subway station design makes a statement.

What that statement says probably depends on who's looking or listening.

The entrance will sit north of the York University campus on the dividing line between Toronto and York Region. It has been designed by British "star-chitect" Will Alsop, best known in Toronto for the futuristic OCAD building on stilts.

The station's distinct façade will be made of Corten steel, which has a copper component that weathers to a rusty patina.

Celia Johnstone, lead designer with the Spadina Group Associates, used the word "tough" to describe the design, which is meant to be monolithic and suggest permanence. It's a departure from "the kind of slick high-tech design we're all used to."

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Offers may not be available in Quebec. ‡2011 Honda Civic DX-G with Manual Transmission (Model FA1E4BDA) is $18,990 / $18,990 and includes freight ($1,500 / $1,500), PDI ($1,500 / $1,500), A/C ($1,200 / $1,200), Honda Warranty Advantage ($1,500 / $1,500), Honda Protect Gold ($1,000 / $1,000), Honda Protect Plus ($1,000 / $1,000), Honda Protect Platinum ($1,000 / $1,000), Honda Protect Elite ($1,000 / $1,000), Honda Protect Ultimate ($1,000 / $1,000), Honda Protect Ultimate Plus ($1,000 / $1,000), Honda Protect Ultimate Elite ($1,000 / $1,000), Honda Protect Ultimate Elite Plus ($1,000 / $1,000), Honda Protect Ultimate Elite Plus Plus ($1,000 / $1,000), Honda Protect Ultimate Elite Plus Plus Plus ($1,000 / $1,000), Honda Protect Ultimate Elite Plus Plus Plus Plus ($1,000 / $1,000), Honda Protect Ultimate Elite Plus Plus Plus Plus Plus ($1,000 / $1,000), Honda Protect Ultimate Elite Plus Plus Plus Plus Plus Plus ($1,000 / $1,000), Honda Protect Ultimate Elite Plus Plus Plus Plus Plus Plus 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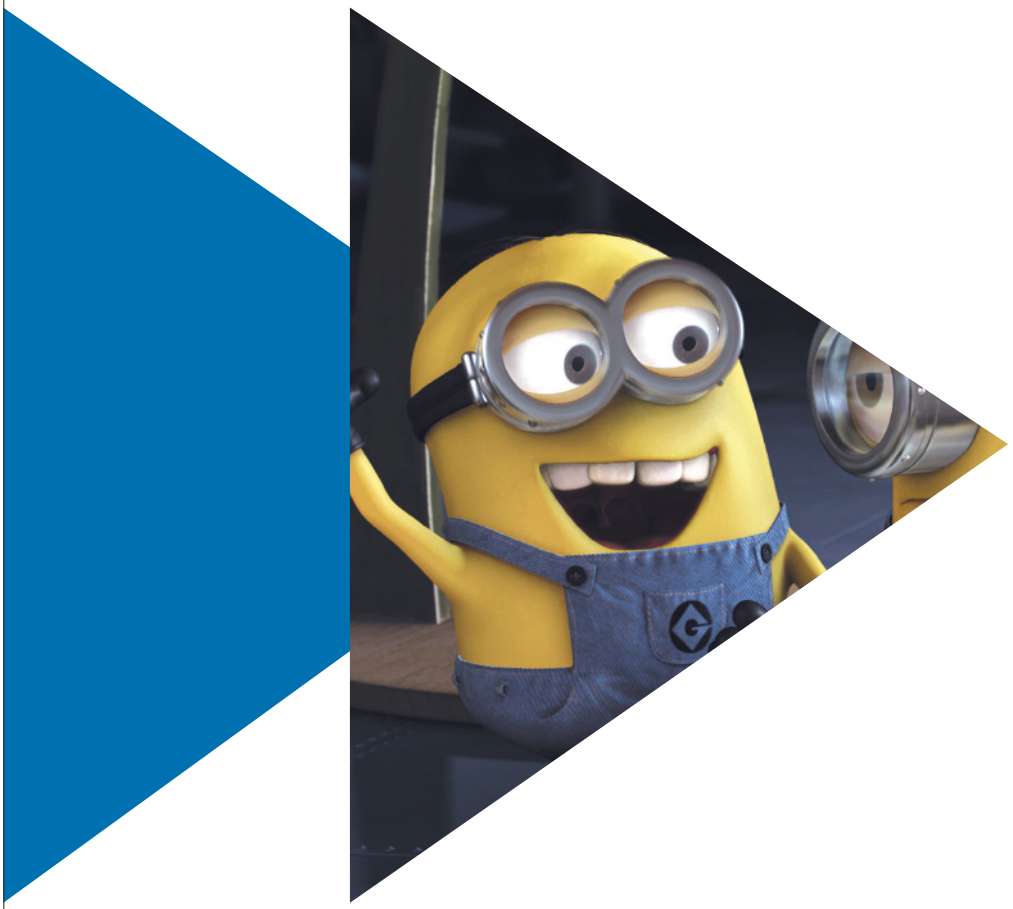

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Group's bid to evade pot laws goes up in smoke

Prosecutors argue allowing church's application would effectively legalize pot, as others would claim religious right

PETER SMALL/TORSTAR NEWS SERVICE

▶ Peter Styrsky

A religious group that uses marijuana to get closer to God won't be sparking up with the blessings of the court.

The Church of the Universe, which uses the drug as a sacrament, lost its bid yesterday to be exempt from Canada's pot laws.

It launched the constitutional challenge in defence of two members charged with drug trafficking.

"For religious people who find meaning and purpose through religion, there's no Plan B," lawyer George Filipowic, who represented one of the men, said outside court.

"Now you have two people who are going to go through the rest of their lives not able to find meaning and purpose without breaking the law."

Although Ontario Superior Court Justice Thea Herman ruled against the church, she said the group is sincere in claiming it uses marijuana to connect to God.

"The provisions in question constitute a reasonable limit on the applicants' charter rights," reads Herman's ruling. However, Herman ultimately did not think it was possible to create a workable religious exemption.

Peter Styrsky, who along with fellow church member Shahrooz Kharaghani was charged with trafficking marijuana in 2006, said he is considering an appeal.

"I think the judge said that we do have the right to use it. She just didn't know how to implement it for us," said Styrsky.

On its website, the church refers to marijuana as God's "Tree of Life."

THE CANADIAN PRESS

Window. To the past

▶ Students from St. Monica school view a 2,000-year-old mummified baby on display at the ROM. This is the first time the mummy has been on exhibit since the 1950s.

RICK EGLINTON/TORSTAR NEWS SERVICE

Tiny soul shrouded in mystery

The small, mummified body wrapped in a shroud at the Royal Ontario Museum is displayed at a level tailored to short people — of which there are many on a weekday. Scores of elementary school children on educational outings stare into the glass case holding the wrapped remains of an Egyptian baby, gender unknown but believed to be about 2,000 years old. Its shroud has never been opened.

$5.7B Statistics Canada reported yesterday the value of building permits issued during the month rose 2.4 per cent to $5.7 billion.

Housing market on rise

Canada's housing market continues to show signs of surprising resilience, with permits rising by more than 20 per cent in December on the strength of activity in and around Toronto.

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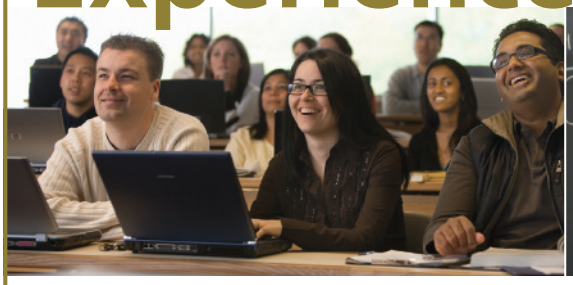

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News in brief

AOL acquires Huffington

YOU'VE GOT MAIL, ARIANNA. AOL Inc., once the king of dial-up Internet access known for its ubiquitous CDs and "You've got mail" greeting in its inboxes, is stepping up its efforts in news and online advertising with a $315-million deal to buy news hub Huffington Post. **THE ASSOCIATED PRESS**

Dog cull due to illness: Owner

SLAUGHTER. The owner of a B.C. company connected to the slaughter of as many as 100 sled dogs says the cull wasn't related to a post-Olympic drop in sales.

Joey Houssian of Outdoor Adventures was told by the man caring for the dogs that some of the animals needed to be put down because they were aging and sick.
THE CANADIAN PRESS

Two men held in resort death

VOLUNTARY HOMICIDE. A Canadian and an Algerian tourist are being detained in the Dominican Republic in the death of another Canadian following a fight outside a beach resort bar.
THE ASSOCIATED PRESS

A Chilean woman who forced the evacuation of more than 300 people from a plane moments before takeoff says she did it for love. Scan code for the story.

Death toll in Egypt nears 300: Group

No official release on how many of the deceased were protesters ● Majority of deaths caused by live fire

At least 297 people have been killed since Egypt's anti-government uprising began two weeks ago, U.S.-based Human Rights Watch told The Associated Press on yesterday.

The count is based on visits to seven hospitals in Cairo, Alexandria and Suez that included interviews with doctors and morgue inspections, said the group's Cairo researcher, Heba Morayef.

Egypt's Health Ministry has not given a comprehensive death toll, though a ministry official said it is trying to compile one.

The revolt against Egyptian President Hosni Mubarak that erupted Jan. 25 brought days of fierce clashes. Protesters have clashed with police who fired live rounds, tear gas and rubber bullets and fought pitched street battles for two days with gangs of pro-Mubarak supporters who attacked their main demonstration site in Cairo's central Tahrir Square.
THE ASSOCIATED PRESS

LEFTERIS PITARAKIS/THE ASSOCIATED PRESS

▶ An Egyptian anti-government demonstrator stands in Tahrir Square yesterday in Cairo, Egypt.

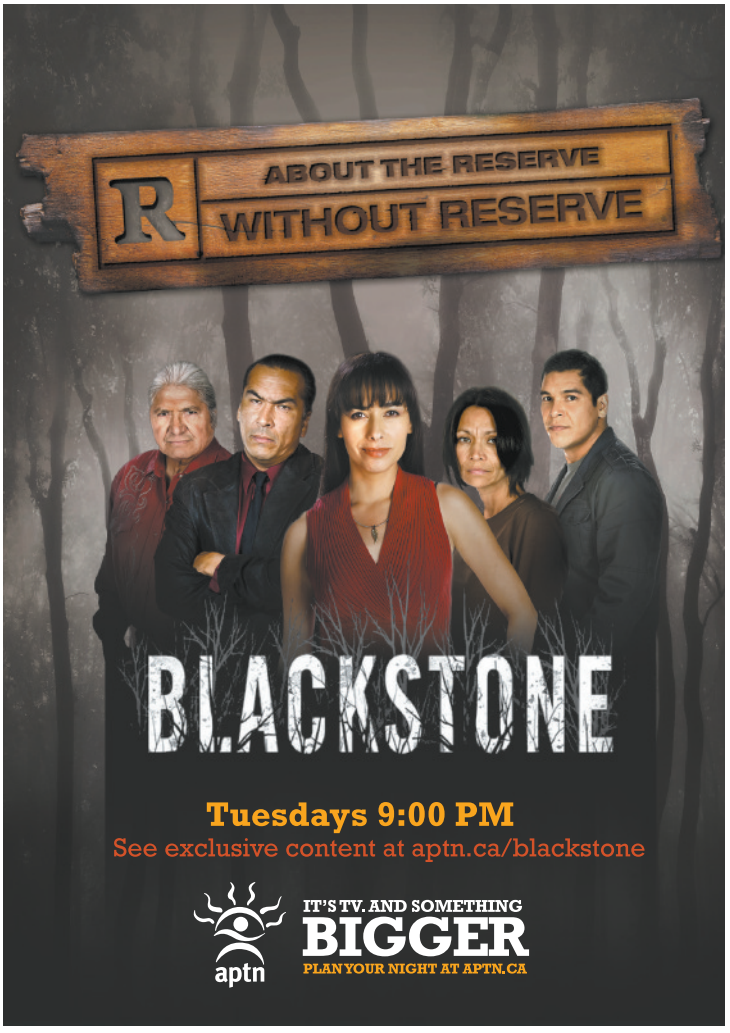
Lives lost

- 232 deaths were counted in Cairo, including 217 killed through Jan. 30 with an additional 15 killed in clashes Feb. 2 and 3.
- 52 deaths were reported in Alexandria and 13 in Suez.

Protest hero

The young Google Inc. executive released after he was detained for protesting against Egyptian President Hosni Mubarak says he was behind the Facebook page that helped spark what he called "the revolution of the youth of the Internet" two weeks ago.

- Wael Ghonim, a marketing manager for the Internet company, has become a hero of anti-government protesters since he went missing two days after the demonstrations began.
- "This is the revolution of the youth of the Internet and now the revolution of all Egyptians," Ghonim said in a television interview where he wept as he described how he spent 12 days in detention blindfolded the entire time.



INTERNATIONAL

Search grows for missing twin girls

An international search for twin girls whose Canadian-born father apparently committed suicide was broadened yesterday as Swiss police searched homes, boats and the waters of Lake Geneva.

Since the girls' father, Matthias Schepp, was found dead by a railway station in southern Italy Thursday, Swiss police say they have not turned up any firm evidence of the whereabouts of six-year-olds Alessia and Livia since they were reported missing Jan. 30.

Nor is anything yet certain, Swiss police in the province of Vaud said yesterday, about the girls' possible trail in Switzerland, France and Italy since they spent the last weekend in January at the home of their father in the Lausanne suburb of St. Sulpice.

Authorities believe the 43-year-old Schepp, a resident of Switzerland who was separated from his wife, threw himself under a train. His body was found late Thursday near a railway station near the port city of Bari, Italy.

THE ASSOCIATED PRESS

Emails show VANOC warned of track's danger

ELISE AMENDOLA/THE CANADIAN PRESS

▶ Georgian luger Nodar Kumaritashvili was killed during the 2010 Winter Olympics in a training run.

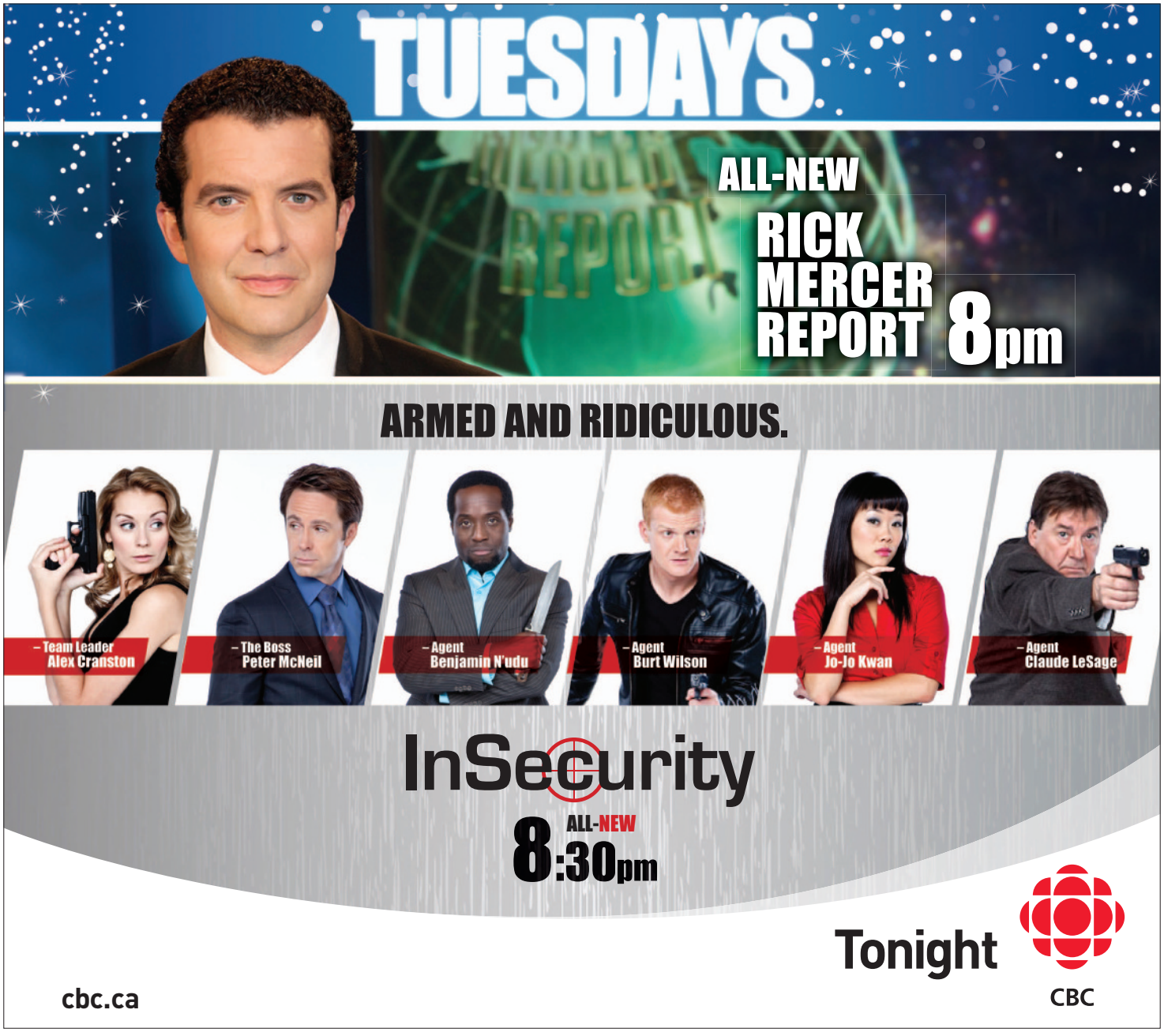
Messages first uncovered by the CBC via an Access to Information Request

The father of a Georgian luger killed on the first day of the 2010 Olympics is angry that Vancouver officials didn't act on their own concerns about the luge track's safety.

In the aftermath of 21-year-old Nodar Kumaritashvili's death, officials maintained it was safe.

But internal emails released yesterday disclose that the chief executive officer of the Games raised concerns almost a year earlier that athletes could be injured "or worse" at the Whistler Sliding Centre. However, International Luge Federation officials didn't demand changes to the track. THE CANADIAN PRESS

"As I already not once said, maybe his death helped to save other luger's lives."
DAVID KUMARITASHVILI, FATHER



ANDREW VAUGHAN/THE CANADIAN PRESS

▶ Defence Minister Peter MacKay at the inauguration of The Canadian Museum of Immigration at Pier 21 in Halifax yesterday.

Canada's ode to immigrants

Pier 21 was Canada's front door for more than one million immigrants, refugees, troops, wartime evacuees, war brides and their children

The Canadian Museum of Immigration at Pier 21 in Halifax opened its doors yesterday.

The museum celebrates the vital role immigrants played in building Canada.

Defence Minister Peter MacKay says the venue pays tribute to the one million people from around the world.

"I know I speak for all Nova Scotians in saying that we are proud to be part of ensuring this important chapter of Canadian history is preserved, promoted and shared with all Canadians," he said in a statement.

Heritage Minister James Moore said one in five Canadians can trace a connection to Pier 21.

The building also served as the point of departure for more than 500,000 Canadian troops to fight in Europe.

The pier admitted large waves of immigrants from England, Hungary, the Baltic nations, Italy and Germany.

After closing in 1971, Pier 21 reopened as a museum in 1999.

THE CANADIAN PRESS

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Heist. Failed gamble

▶ Anthony Michael Carleo, 29, waits for his day in court in Las Vegas.

JULIE JACOBSON/THE ASSOCIATED PRESS

Not so hush-hush heist

A tipster told Las Vegas police Anthony Michael Carleo had bragged about robbing the posh Bellagio casino three days before the dramatic stickup. Carleo planned to sell some chips and slowly gamble the others. Instead, the son of a judge quickly gambled and talked his way into jail, the report states.

Spring cleaning bombs?

Ten loud explosions rocked Kandahar one day last week, signalling good news on the front line of the war against the Taliban.

Finding and destroying the insurgents' weapons in Kandahar province, the ancestral home of President Hamid Karzai and the birthplace of the Taliban, is just one way Afghan and coalition forces are trying to make it difficult for the militants to launch a strong offensive in the spring.

In advance of an expected increase in fighting, troops are also working to find Taliban hideouts, kill and detain their leaders, and professionalize police who patrol this city of 800,000 people.

"We are definitely expecting them to come back at us hard," said Lt.-Col. Victor Garcia, deputy commander of the 3,500-soldier 1st Brigade Combat Team. THE ASSOCIATED PRESS

1 bomb every 30 minutes destroyed more than 2,700 kilograms of AK-47s, bomb-making equipment, homemade explosives and rocket-propelled grenades.

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‘Hard’ seeing accused killer: Rodney Stafford

- Tori Stafford’s father says case having an emotional toll
- Stafford: ‘It sucks. It really sucks’

Tori Stafford’s father says it was difficult setting eyes on one of the girl’s accused killers for the first time.

But Rodney Stafford adds there is little point in making a scene.

Instead, Stafford sat quietly yesterday in a Woodstock, Ont., court, several rows behind Michael Rafferty, who faces a first-degree murder charge in the abduction and death of the Grade 3 student.

Tori was abducted as she left her school April 8, 2009.

Rafferty, 30, and Terri-Lynne McClintic, 20, were charged more than one month later.

Tori’s remains were found in a field more than 100 kilometres north of Woodstock. Being in court with his daughter’s accused killed was “really hard,” Stafford said yesterday.

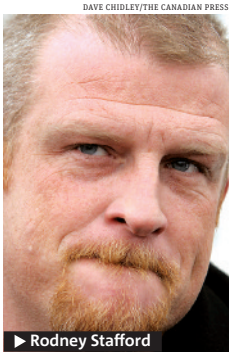
“There’s four rows of people stopping me from wanting to get to the front of the courtroom but I just can’t ... (you’ve) got to be smart about things.”

Rafferty, dressed in a dark grey suit and tie, and cleanly shaven with neatly cropped hair, was in court for a pre-trial motion.

THE CANADIAN PRESS

“We can’t bring our little girl home but we’ve got to move on with our own lives.”
RODNEY STAFFORD, FATHER

DAVE CHIDLEY/THE CANADIAN PRESS



▶ Rodney Stafford

Prince. Of wax

▶ American artist Jennifer Rubell stands behind her life-sized wax statue of Prince William yesterday in London.

JOEL RYAN/THE ASSOCIATED PRESS

A replica in his honour

Bearing a replica of the sapphire and diamond ring made famous by Princess Diana, visitors to the Stephen Friedman Gallery in Mayfair are invited to stand next to the statue, stepping into the shoes of Kate Middleton by inserting their fingers into the ring.

Families of U.S. hikers in Iran hope for resolution

The families of two Americans charged with spying in Iran said yesterday they’re glad that Shane Bauer and Josh Fattal were able to proclaim their innocence in a court in Tehran and they hope the case is nearing an end.

Bauer and Fattal pleaded not guilty Sunday at the five-hour hearing, which was closed to the public and media.

A third American, Sarah Shourd, was released last September and pleaded not guilty in absentia.

THE ASSOCIATED PRESS

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Tell-all book blows whistle on WikiLeaks

Former spokesman recalls autocratic management style of Julian Assange Criticism seen as disloyalty

MARKUS FORTE/GREENPEACE/THE ASSOCIATED PRESS

▶ Daniel Domscheit-Berg

WikiLeaks is about to be outleaked. The former spokesman of the secret-spilling website, who left after a falling out with founder Julian Assange, is about to publish a tell-all book.

Daniel Domscheit-Berg, a computer scientist, was WikiLeaks' best-known face after Assange himself. Publishers around the world have promised that Inside WikiLeaks: My Time With Julian Assange At The World's Most Dangerous Website, will "tell the full story" and reveal never-disclosed details about the group's operations, evolution, finances and controversies. Domscheit-Berg left the project in September, citing personal, ethical and political differences with Assange.

In a telephone interview yesterday, he said he wants to "show both the good and the bad sides of WikiLeaks, also when it comes to my relationship with Assange — and I tried to do this in a balanced way."

WikiLeaks spokesman Kristinn Hrafnsson was not immediately available for comment.

The book will be released Friday in 16 countries by German publisher Econ Verlag. The Canadian release is Feb. 15 by Doubleday Canada.

Last month, Domscheit-Berg, 32, launched a rival website called OpenLeaks, saying he planned to give whistleblowers more control over the secrets they spill. He has criticized WikiLeaks for both receiving documents and aggressively vetting how they are presented to the public.

THE ASSOCIATED PRESS

Quebec lawyers threaten walkout

Crown prosecutors and lawyers could walk out in Quebec today to protest salaries and working conditions. A strike by the province's 1,000 lawyers and 450 prosecutors would mean a delay in judicial proceedings. Talks resumed yesterday and Premier Jean Charest said he is hopeful both sides will remain at the bargaining table.

The lawyers say they are overworked and the worst paid in North America. The average duration of a court case in Quebec is already among the longest in Canada. THE CANADIAN PRESS

Temple. Clash

▶ Thai soldiers help a woman evacuated from the Thai-Cambodian border yesterday at Kantharalak, Thailand.

THE ASSOCIATED PRESS

Hands across the border

Cambodian and Thai troops opened fire on each other for the fourth straight day near the 11th-century temple of Preah Vihear on the Cambodian side of the border. Cambodia said yesterday the crumbling stone temple, a World Heritage site, has sustained heavy damage. Thailand accuses Cambodia of refusing to negotiate to resolve a border dispute.

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Do You Love Shopping Around For The Best Deal?

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Sadly, even the smartest shoppers often don't spend nearly the same amount of time and energy shopping for car insurance as they do for other items. After all, car insurance can be confusing, it never goes "on sale" (it only seems to get more expensive), it isn't much "fun" to buy, and it seems like no one place always has the best prices. But what if one place compared the rates from over 30 insurance companies? And what if it would only take about 10 minutes? And what if you could end up saving hundreds, or even thousands of dollars? This is where InsuranceHotline.com can help by providing a free unbiased rate comparison service for your driving profile that can connect you with the lowest rate available through our large network of licensed brokers and agents.

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In the end, saving on car insurance isn't much different than saving on everyday items. You simply need to search for that "better deal", check around for competing quotes, and know where to look. The advantage of starting your process with InsuranceHotline.com is that you only have to go to one place that accesses the rates from over 30 insurance companies, saving you the time and frustration of getting quotes individually from different insurers. In fact, you don't even have to leave the comfort of your own home to find out how much you could be saving on your car insurance.

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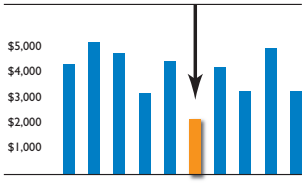

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RYAN REMIORZ/THE CANADIAN PRESS

▶ Consensus on Bill 101 is held by francophones and non-francophones alike, said Jean Charest, shown Feb. 4 at a meeting in Montreal to discuss the Northern Plan.

Charest to Bernier: You're out of touch

Quebec premier issues tongue-lashing over remark that language law unnecessary ◐ Bill 101 defended

Maxime Bernier's musings on Quebec's landmark language law show the Conservative MP is out of touch with most Quebecers, Premier Jean Charest said yesterday.

Charest said Bernier's controversial opinions on Bill 101 — essentially that it is unnecessary — are strictly his own. "The context is such in Quebec that Bill 101 is necessary to preserve the French language, and on this opinion I'm not the only one," Charest told reporters. "Mr. Bernier should note that there's a strong consensus that doesn't reflect his opinion."

Bernier set off a firestorm last week when he told a Halifax radio station that Quebecers don't need Bill 101, which limits access to English schools and restricts the use of English on public signs. On his website he defended his position by saying that while it's important for Quebec to remain a French-language society, restricting people's freedom of choice is not the way to do it.

"French will survive if Quebecers cherish it and want to preserve it," he wrote. "Not by imposing it and by preventing people from making their own decisions."

Quebec politicians and pundits lined up on the weekend to denounce Bernier and defend Bill 101.

THE CANADIAN PRESS

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Capitalism in its death throes: Ex-Brazil leader

Luiz Inacio Lula da Silva says developing nations key to creating new world order ‘Trade fair’ of ideas

REBECCA BLACKWELL/THE ASSOCIATED PRESS

Luiz Inacio Lula da Silva

The global financial crisis proves capitalism is broken, and it is time for affluent countries to begin paying attention to the poorest nations, the former president of Brazil said yesterday.

Luiz Inacio Lula da Silva, the country’s first working-class president, made the remarks in Dakar, Senegal, on the second day of the six-day World Social Forum, an annual counter-punch to the World Economic Forum in Davos, Switzerland.

“For too long, rich countries saw us as peripheral, problematic, even dangerous,” said Silva, who stepped down last year with one of the highest approval ratings in Brazil’s history. “Today we are an essential, undeniable part of the solution to the biggest crisis of the last decade — a crisis that was not created by us, but that emerged from the great centres of world capitalism.”

The conference, which has drawn some 30,000 participants from 123 countries, aims to create “open space” for debate on subjects ranging from “the crisis of capitalism” to the African diaspora, a subject that had much resonance as protests continued to rock Egypt.

Organizers say the event aims to bring people together to share ideas for a new world. “It’s like a trade fair. You meet to make connections,” said Liv Sovik, a professor in Rio de Janeiro.

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Small gain for TSX

The Toronto stock market closed slightly higher yesterday as traders bought stocks across most sectors. But losses in the energy sector grew as oil prices slid for a third day.

The advance followed a 2.6 per cent gain last week as strong U.S. outlooks on the manufacturing and service sectors raised hopes for the economic recovery.

THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

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The Force is with Super Bowl ads

Pair of automakers' commercials prove most popular with viewers

In the Super Bowl of advertising, Justin Bieber replaced Ozzy Osbourne and Joan Rivers became a GoDaddy girl. But a pair of commercials by automakers took the early trophy for online buzz.

A two-minute ad for Chrysler starring Eminem and a Volkswagen ad featuring a mini-Darth Vader that went viral before it even aired were two of the most talked-about spots during advertising's big night, Super Bowl XLV

Chrysler was one of nine automakers that took advantage of advertising's biggest and most expensive showcase, at $3 million US for 30 seconds, to try to show they're back after two tough years for the industry.

The cinematic third-quarter Chrysler ad starred Eminem driving through Detroit and introduced a new car, the Chrysler 200 sedan, amid gritty scenes of the city. A voiceover talks about how the city has survived going through "hell and back."

"This is the Motor City and this is what we do," Eminem says.

VOLKSWAGEN/THE ASSOCIATED PRESS

▶ In this screen shot provided by Volkswagen, Darth Vader uses the Force on a 2012 Volkswagen Passat in a 2011 Super Bowl commercial.

The misses

- One miss was daily coupon website Groupon's fake public service ad with Timothy Hutton, which appeared to be a plea for help for people of Tibet but instead touted a deal from Groupon for fish curry. While aiming for humour, "It wasn't a very effective piece of communication and clearly rubbed some people the wrong way," said Tim Calkins, clinical professor of marketing at the Kellogg School of Management.
- A Homeaway.com ad featuring a "test baby" smushed against a window also garnered negative reaction from ad experts and "didn't resonate with people," Calkins said.

The Chrysler ad was "the big story of the night," according to NM Incite, a Nielsen/McKinsey Co. that tracks online buzz.

Consumers repeated the "imported from Detroit" slogan over and over in online buzz, the company said.

Another hit was a Volkswagen's ad that showed a boy in a Darth Vader costume trying to use the Force on objects, including the Passat.

"It really wasn't selling a car, it was selling a feeling, and it tapped into its target market of families very effectively, which you usually don't see in a car ad," said Robert Kolt, an instructor at Michigan State University College of Communication Arts and Sciences.

THE ASSOCIATED PRESS

Telus to start unlocking phones

Telus will begin offering a service to unlock mobile phones that use SIM cards, a trend in the wireless industry that allows consumers to use the devices on other carriers' networks.

The telecom company said yesterday that starting Feb. 15 its customers will be able to pay $50 to have their mobile phones unlocked.

"We know that people want the flexibility to use their phones as they see fit," said Brent Johnston, vice-president of mobility solutions at Telus.

That means customers on long-term contracts, usually smartphone users, will be able to get their phones unlocked if they've had the device for a minimum of 90 days. Consumers could then buy SIM cards for other networks.

Johnston said there could be some potential revenue loss for Telus, but added the Vancouver-based company believes its rates and packages are competitive enough to withstand such a risk.

The service applies mostly to smartphone users, Johnston said. It also applies to some flip phone users with voice plans, he added. For now, it will not apply to Apple iPhone users. THE CANADIAN PRESS

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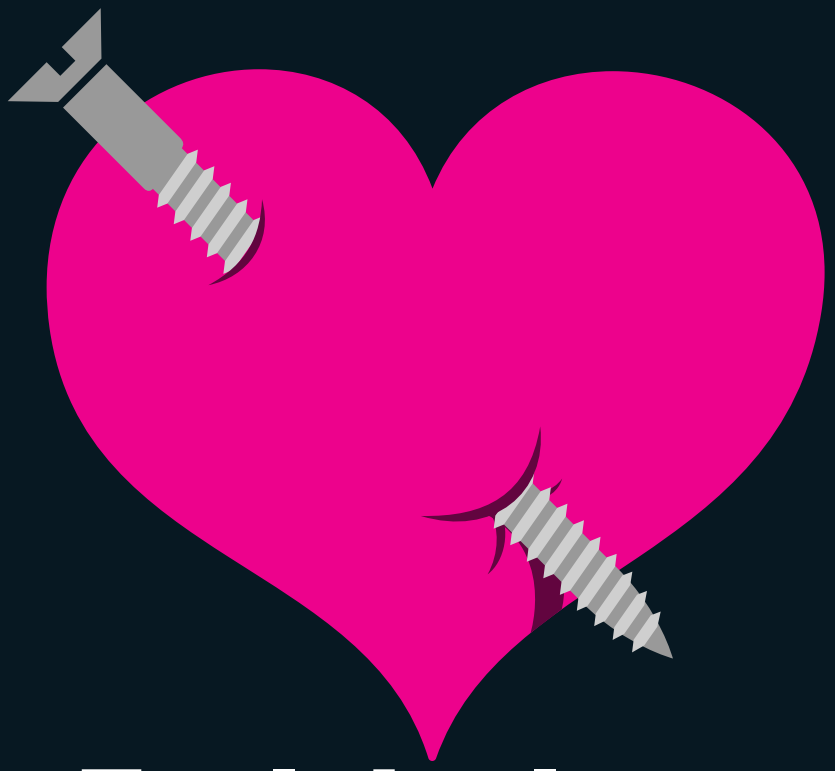

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NO REASON TO BE BLUE ON VALENTINE'S DAY

She says ...

JESSICA NAPIER

Every year, Feb. 14 is a day for single people to be bitter and miserable, couples to disappoint one another (carnations!) and Ashton Kutcher to star in yet another awful romantic comedy.

But I have a secret. As predictable as it is, I *love* Valentine's Day. I know, I know, it's not cool to like Valentine's Day; you want me to be cynical and write a spiteful speech about a Hallmark holiday that reeks of cheap wine and desperate consumerism, but you know what, I won't.

My enduring affection towards Valentine's Day is my secret shame. It is the romantic cliché I hate to love.

Most people think of this heart-shaped date as a manufactured milestone between Christmas and Easter; a three-way conspiracy between greeting card companies, florists and Tiffany & Co.

Maybe they're right. But like Ralph Wiggum before me, I *choo choo choose* to embrace this saccharin sweet tradition and its cinnamon heart stench.

"My enduring affection towards Valentine's Day is my secret shame."

There are countless reasons to hate Valentine's Day, especially if you're single and don't like to be reminded of it. Smug couples sitting on the same side of the booth enjoying candlelit dinners across the city is enough to make anyone gag. But it isn't all prix fixe menus and overpriced floral arrangements.

The 14th of February can be a date to love, even if you're dateless. It's a rosy pink bright spot in the middle of a very gloomy and frigid, albeit short, month. V-Day gives you an excuse to watch bad movies, listen to cheesy love ballads and wear pink and red together without judgment.

And so what if the only kisses you get are from Hershey's?

Unlike Christmas and Easter, Feb. 14 is a day devoted to overindulgent behaviour without the religious undertones to make you feel guilty about spending too much money and eating tons of candy.

Seriously people, how could you hate a tradition that inspired conversation hearts? UR A HUNK ... NO THANKS ... FAX ME! Those funny and flirtatious edibles have been making us swoon since 1902 (yeah, I looked it up).

So I say, lighten up your bad attitude toward this misunderstood day and embrace it for what it is — an opportunity for over-the-top displays of affection directed towards the ones you love. And while you may not have a significant other, you probably have a number of pretty significant someones who would just love to hear UR GR8.

Read more of Jessica Napier's columns at metronews.ca/shesays

Cartoon

MICHAEL DE ADDER

The buzz on buzzwords

Letters & Tweets

We asked: What buzzword would you like to see banned?

@sarcasmandtoast: "Eco-friendly" — just because it doesn't spew poison and run on endangered bird eggs doesn't necessarily make it green.
@bandercot: anything that we can attribute to Sarah Palin.
@robfreeman1130: Game changer. Can't stand it! Most of the time there's no game to change!
@judnivenvo: how about "having said that" and "guru (of any kind)."
@adam_weitner_pr: social media guru.
@URBANERMEZEI: I believe "There's an app for that" should be stricken from the records.
@cyrusrayne: Revolutionary and magical. A certain computer company named after a fruit has beaten both into oblivion.
@deadlytoque: Oh god "actionable." Also "incentivize" and "dialogue" (as a verb; dialogue as a noun is fine).
@frodo87: "Moving forward." My least favourite phrase in human history.
@ari_ospeedwagon: Please legislate against the following (punishable by castration): "optics" and "at the end of the day." Thank you.
@NEXXUS455: OMG!
@_mitch985: I'd be happy if I never heard "cold hard cash" ever again.

Cold hard cash

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Metro Minute at Downsview market

We have nothing against McDonald's. In fact, we grew up on it (which probably explains quite a bit). But sadly, Toronto's average food court pickings are about as tasty as the Styrofoam containers in which they're served. Now, unless you never tire of Taco Villa, thank you very much, there's not much we can suggest during the weekday lunch hustle. On the weekend, that's another story. Head a bit north and you will end up at the Downsview Park Merchant's Market around Sheppard and Keele. The building houses our multicultural city's most multicultural food court. Real West Indian? Check. Burekas? Yes, ma'am. Best of all? No franchises in sight, just straight home cooking. In a mall. JORDANA DIVON

ERIN REECE/FOR METRO

▶ Downsview Park Merchant's Market wins the prize for most diverse and delicious food court. Definitely in Toronto. Possibly on Earth. Check dpmarket.cachelan.com for hours and location.

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Scene in brief

The View co-host Sherri Shepherd has answered a call from a higher power — The Gospel Music Association.

Shepherd will host The Dove Awards and she says fans can expect "a hot night of Godly music and comedy" at Christian Music's annual celebration of voices raised in faith.

The comedian and actress is a Daytime Emmy winner for her work on The View and the host of The Newlywed Game.

THE ASSOCIATED PRESS

New Elvis Costello tour dusts of his Spectacular Spinning Songbook

MATT SAYLES/THE ASSOCIATED PRESS

▶ Elton John provided the soundtrack and was an executive producer for Gnomeo and Juliet.

Busy Elton finds time to laugh at himself

Singer says Gnomeo and Juliet isn't a political allegory, but its message is important

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

Sir Elton John is not, he would like to make it clear, planning on performing for Prince William's wedding to Kate Middelton in April.

"I don't know Kate and William," he says. "I'd made a joke that I'd probably be busking outside, but as far as I know I don't think so. No, it'll probably be someone like Barry Manilow — someone younger and more attractive."

Besides, he's got enough on his plate with the recent arrival of he and husband David Furnish's first son, Zachary, and the release of Gnomeo and Juliet, the film on which he serves as executive producer and for which he provided the soundtrack.

While he doesn't voice any of the characters in Gnomeo and Juliet, John does pop up on screen — in a sense. As dim-witted suitor Paris (voiced by Stephen Merchant) serenades Juliet with John's classic Your Song, he morphs into a gnome version of the glam singer himself.

"There I am, Glam Gnome, the Gnomosexual."
ELTON JOHN

"There I am, Glam Gnome, the Gnomosexual," he says with a laugh. "I lost it when I saw that. It's very important if you're British to take the piss out of yourself. I think you're raised to do that in England, which is rather good."

The star-crossed gnomes of the movie's title belong to neighbouring — and warring — red and blue camps, but John insists audience shouldn't read too much political allegory into it, despite how the red state/blue state battles in the U.S. may have heated up recently.

"We started the film 11 years ago, and if we'd had the foresight to do that, I'd say we're f—ing geniuses," he says. "But I do feel as though there is a message in this film. We spend so much time hating each other because our parents tell us that's what we have to do."

Gnomes or no gnomes, John's own feelings about gardens are a bit … conflicted.

"I grew up at my grandmother's house and it was a beautiful garden, but I used to hate mowing the lawn and weeding, which is what you do when you're a kid," he explains. "I loathed it and I loathed gardening, but I have two beautiful gardens. I cannot bear gardening, but I love gardens."

Perry looks for happiness in Mr. Sunshine

New ABC comedy brings an back old 'Friend' Show looks at the hijinks behind a San Diego sports arena

ABC

Matthew Perry stars in Mr. Sunshine.

On his new ABC sitcom, Mr. Sunshine, Matthew Perry plays a chap whose life is clouded.

He plays Ben Donovan, the manager of a big San Diego sports arena, the Sunshine Center, which hosts a variety of attractions. "Every night, 17,505 people come here expecting to have a good time," Ben declares. "And I make sure they do."

But there are also a host of attendant wacky problems. On the series premiere (Wednesday at 9:30 p.m. ET), the circus is booked, but the ice from the previous night's hockey game isn't melting. Oh, and an elephant is lost in the building.

Meanwhile, Ben has hit his 40th birthday. It's a wake-up call. Suddenly, he sees he isn't as happy as he had thought.

"He's a solipsistic, self-centred man," says Perry. "But his eyes get opened a little bit, and he realizes that the ticket to being happy and having some kind of inner peace in his life is to stop thinking about himself all the time, and maybe think about his fellow man."

With Ben at its, well, heart, Mr. Sunshine will deal with his blundering efforts to transform himself into someone more caring and willing to commit.

Ben is joined by a crew of zanies at the Sunshine Center, most notably his boss, Crystal, the arena's erratic and highly inappropriate owner, who is played by Allison Janney (The West Wing).

Janney, says Perry with a sly grin, "is up for anything. One of the character traits she chose for Crystal is ... to slap me across the face. That became a running gag."

The cast also includes Andrea Anders, James Lesure and Nate Torrence, with Jorge Garcia ("Lost") in a recurring role as a pokerfaced maintenance worker.

THE ASSOCIATED PRESS

Book explores the history of hip-hop

There have been books dedicated to rap history, biographies, hip-hop portraits, fiction, legendary feuds, dancing and more.

But with the massive new hardcover book Hip-Hop: A Cultural Odyssey, Editor-in-Chief Jordan Sommers believes he's come up with a definitive historical look that chronicles its milestones, legends, music and culture that is unique and — more important — from a hip-hop insider's perspective.

"No one outside of the culture, no one who is new to the culture, participated in the book," said Sommers. "It was made in co-operation with the pioneers, and the co-operation with the veteran journalists who have been covering the culture."

Through 420 pages, hundreds of photos and dozens of essays, the book takes readers from hip-hop's beginnings in the Bronx borough of New York City through its metamorphosis into a major cultural, musical and financial movement in America and beyond. Among the topics the book explores are the impact of women in rap, the commercialization of the genre, the role graffiti played in the culture, its regional differences, its early influences and more. THE ASSOCIATED PRESS

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Beckhams set for baby girl: Report

With David and Victoria's daughter on the horizon, three boys in Beckham clan will finally get a sister

FRAZER HARRISON/GETTY IMAGES

David and Victoria Beckham

After three sons, David and Victoria Beckham are reportedly welcoming a daughter, according to the Sun.

"David and Victoria are over the moon. This will be their last child and to be told they are having a girl is the icing on the cake for the Beckham clan," a source says.

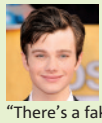
"Victoria is 36 and David is thinking about life after retirement. For them, with a sister for their boys — who are growing up fast — this is the perfect family."

METRO

Celebrity tweets

Ashton Kutcher [@aplusk] Solitary triumph starts and ends with loneliness.

Russell Brand [@rustyrockets] I am hosting Saturday Night Live, Feb 12th. If you have any sketches/jokes please send. Remember, I will ONLY play drug addicts.



Chris Colfer [@chriscolfer] My aunt just text me "There's a fake story about you in my tabloid! You've made it, honey! You've made it!" Oy...

Steve Martin [@SteveMartinToGo] Buffalo wings = chicken wings in spicy sauce. World = full of lies. METRO

Is hiding Harry back with his ex?

Royal watchers think Prince Harry has quietly gotten back together with ex-girlfriend Chelsy Davy, according to the Sun.

The pair, who split up last fall, were spotted spending quality time together at a private club in London recently.

They were reportedly so concerned about being photographed that they made their exit at 4 a.m. hidden in the trunk of a Jaguar, the "clearest sign" that they're back together, according to sources.

METRO

Prince Harry

Angry altercation leaves LaBeouf in handcuffs

Shia LaBeouf didn't have the best night out at a bar recently, as the actor had to be restrained with handcuffs by police after an altercation with another patron, according to Radar Online.

LaBeouf was reportedly angered when bar patrons from whom he'd turned down a request for a photo responded with an anti-gay slur. "He charged at me," college student Mark Mastro tells the website.

"I jumped over the patio fence onto the sidewalk to get away from him, but he kept coming after me. ... He was getting in my face. He was talking s—. He was chest-bumping me."

A bouncer soon broke up the argument, and police were called. No arrests were made.

METRO

DAVE HOGAN/GETTY IMAGES

Shia LaBeouf

Biebs, Gomez step out as a couple

While everyone else was busy watching the Super Bowl, Justin Bieber and Selena Gomez quietly stepped out in public for the first time, confirming their relationship by walking hand-in-hand on the Santa Monica Pier in Los Angeles, according to Hollyscoop.

The pair apparently didn't mind the paparazzi attention they were getting, as they started giggling when they realized they were being photographed.

METRO

Talking points

Charlie doesn't want detox

ONGOING SAGA. Though he's apparently getting treatment for substance abuse issues, Charlie Sheen reportedly didn't appreciate being told by an adviser that he needed a detox, according to Radar Online.

"Charlie's father, Martin Sheen, was present when Charlie was told this, and Martin encouraged his son to take the advice," a source says.

"He was disgusted when he heard that and told the adviser that he just needed to get back to work. He got extremely upset with the adviser after his father left, accusing him of siding with his dad."

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ISTOCK PHOTOS

▶ Feb. 6 to 12 is Eating Disorder Awareness Week.

Eating disorders affecting all ages

Estimated that 600,000 women across Canada have bulimia 300,000 have anorexia

CELIA MILNE
LIFE@METRONEWS.CA

Anicka Novak started dieting at age 14. She was a shy, socially anxious, fearful girl who had been teased about her weight.

"The one thing I could control was my food and my body image," she told Metro. "I found a doctor who prescribed diet pills and that was like magic for me. That was the start of my eating disorder."

Novak flipped and flopped between anorexia and bulimia for an almost unimaginable 36 years. Finally, at age 50, she went for help. "By then the eating disorder had devastated me. I knew if I didn't take control of it, I was going to die."

For Novak (not her real name), who is now 58, recovery meant dealing not just with her eating disorder, but also coming to grips with her fears and phobias. It is estimated that 600,000 women in Canada have bulimia and 300,000 have anorexia, and the numbers are on the rise.

People with eating disorders often have other mental illnesses, such as substance addiction, problem gambling or sexual addiction. Bellwood Health Services, a Toronto mental health clinic, reports that 52 per cent of their eating disorder clients are also treated for an addiction.

"The eating disorder had devastated me. I knew if I didn't take control of it, I was going to die"
ANICKA NOVAK

"People with eating disorders and substance addictions both do so for the same reason — to soothe distressing feelings, to deal with shame, anger, fear and loneliness," says Susan McGrail, clinical director of Bellwood.

Novak urges women and men of all ages to come forward for help. Feb. 6 to 12 is Eating Disorder Awareness Week.

While anorexia is usually more obvious because the sufferer is very thin, bulimia (the cycle of binging and purging) is often hidden.

"Bulimia is very common in middle-aged women. It is your little secret."

The illness is associated with serious health problems such as dental decay, stomach problems, kidney damage and even death.

The Internet is a double-edged sword, says McGrail, offering valuable information but also providing a sinister means for people with eating disorders to enable each other.

"Recovery is possible through quality treatment and counseling, education and support," she says.

Myths

Susan McGrail, clinical director of Bellwood Health Services, busts three myths about eating disorders.

- **Only females have eating disorders.** Research shows that while men represent a lower percentage, the number of men struggling with eating disorders is on the rise.
- **Eating disorders only occur in young people.** Women and men of all ages can struggle with an eating disorder.
- **People with eating disorders are always skinny.** A large proportion are a normal weight or overweight.

The signs

Signs of the various eating disorders:

ANOREXIA
- Dieting excessively when not overweight
- Excuses for not eating
- Significant weight loss

BULIMIA
- Excessive concern about weight
- Strict diet followed by binging
- Purging

BINGE EATING
- Eating large amounts
- Eating quickly or in secret
- Feeling guilt, shame about binges

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DAILY SQUEEZE

▶ Yoga can be good for improving your performance in bed.

Hot yoga finds new meaning

The five best moves to rev up your body and love life

DAILY SQUEEZE

ASIA NELSON
ASIA NELSON IS A CERTIFIED ADVANCED YOGA INSTRUCTOR AND DIRECTOR OF PRANALIFE YOGA IN KITCHENER, ONT. SHE IS ALSO A CONTRIBUTING EXPERT ON DAILYSQUEEZE.CA.

Great sex starts with a relaxed, fit body — and few fitness regimes can improve your performance in the bedroom like yoga.

But whether you're single or in a relationship, there's no time like the present to get your body in super-sexy shape. To help, here are five moves that give new meaning to hot yoga.

▶ Hot yoga takes on new meaning

Tolasana
The core strength from this move takes standard sex to "H.D." as in, "hot damn."

Seated, cross your ankles and hug knees to chest. Keep your thighs glued to your chest, unhug and place your hands by your hips. Exhale and lift your butt off the floor. Hold for five deep breaths. Use yoga blocks under your hands if your arms seem too short. For a more advanced pose, try lifting your feet off the floor.

Deep squat
This pose is a must for strength and stamina. Stand slightly fan-footed, feet a bit wider than shoulder-width. Squat until your hips are parallel to your knees. Set your elbows against your inner knees and lower your tailbone towards the floor. If this it too difficult, stay in the initial squat position and work on leg strength while curling your tailbone under, breathing deeply in and out.

Half-bridge pumps
Essential for hot booty and thrust power. Lie on your back and plant your feet close to your fingers with your arms on the floor at your sides. Curl your tailbone towards your navel — the secret is in the tilt — and lift your hips as you exhale. Inhale and lower your hips almost to the floor. Do 10 as a good start, 20 for good stamina, and 40 if you want to be better than good.

Dolphin Plank
This pose is especially great for guys — think six-pack abs and stamina. From hands and knees, set your forearms on the floor, elbows under shoulders.

Extend your legs straight while keeping heels, hips, and shoulders in straight line. Engage your core while keeping back flat, looking forward. Hold for 30 seconds, building up to two minutes.

Downward Dog
The Big Daddy of poses, it pairs hamstring and low back flexibility with upper body strength. From hands and knees, curl your toes under and lift your hips to the sky. Avoid straining your hamstrings, and bend your knees slightly.

Hold the pose as though you're about to slide your hands back with straight legs. This will ignite your core and take pressure out of your shoulders. Stay here for five-10 deep breaths.

Find more healthy news at DailySqueeze.ca

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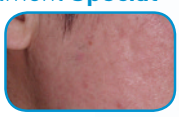

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Great atmosphere, with food almost matching

South of Temperance is inviting But the food needs slight tweaking

LUNCH RUSH

STEPHANIE DICKISON
FOOD@METRONEWS.CA

STEPHANIE DICKISON

The Chicken Cobb Panini pairs well with sweet potato fries.

A combination of lofty bar and luxe ski resort, South of Temperance's wide open spaces are a relief to the usual narrow Toronto resto.

And all those windows looking out onto a massive patio? Well, they make this is a place in which you come to hang out — and where you stay long past paying the bill.

The menu offers a range of breakfast items, sandwiches, salads and burgers from which to choose.

The Chicken Cobb Panini ($13) is a hit. Egg, cheese and aioli are comforting and ambrosial. It also comes with the best sweet potato fries I've ever had.

The Ahi Tuna Salad ($17) features lots of great textures (shaved onions) and ingredients (hearts of palm), but the thick squares of tuna are limp and have been dusted with herbs usually reserved for roast chicken.

The atmosphere in here is phenomenal. The food just needs a few small tweaks to get there, too.

South of Temperance
20 Adelaide St. W.
647-477-1444
southoftemperance.com
Reservations: Yes
Social lunch: Yes
Rating: 3 out of 5

FLICKR: JEFFERYW

Thai Rice Noodle Salad

EMILY RICHARDS
FOOD@METRONEWS. CA

Preparation:

1. In bowl, pour boiling water over noodles to cover. Let stand for 20 minutes or until tender. Drain and rinse under cold water and drain. Place in bowl.
2. Slice shrimp in half lengthwise. Add shrimp, bean sprouts, cucumber, green onions, mint and coriander to noodles.
3. In bowl, whisk together fish sauce, vinegar, sugar, garlic, lime juice and chilli paste. Pour over noodle mixture and toss to combine.

Ingredients:

- Half of a 450 g pkg rice noodles
- 1 bag (400 g) cooked black tiger shrimp
- 2 cups (500 mL) bean sprouts
- Half cucumber, sliced
- 4 green onions, sliced
- 1/2 cup (125 mL) chopped fresh mint
- 1/4 cup (50 mL) chopped fresh coriander
- 1/4 cup (50 mL) fish sauce
- 1/4 cup (50 mL) rice vinegar
- 2 tbsp (25 mL) sugar
- 2 cloves garlic, minced
- 1 tbsp (15 mL) lime juice
- 1/4 tsp (1 mL) Asian chilli paste

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOK BOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA.

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▶ Steve & Kellie

FROM BLUES TO LOVE

Names:
Steve, 26, and Kellie, 22
Hometown:
Calgary
Together since:
2009

Their story:

Steve and I (Kellie) met during a weekend of volunteering at the Calgary Blues Fest in August of 2009.

I had been checking him out all weekend, but hadn't approached him since I had to head back to Edmonton for my last year of university later that month.

Thank goodness he broke the ice and spoke to me on the last night of the festival.

We've been happily dating ever since — long distance and all! I'm now back in Calgary but I'm currently preparing for a solo travel adventure to Africa.

Although I'll be halfway around the world, Steve will be on my mind and in my heart — and I can't wait to continue our adventure together when I return!

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THE BATTLE IN THE HOUSEHOLD

Smug Marrieds
ANGELA PACIENZA & DEREK CHEZZI
2FORCOUPLES.COM
TWITTER: @SMUGMARRIEDS

It's a constant battle in our home: My partner thinks she does more work in our house and relationship than I do. Everything is a competition with her. What to do?

Angela says ...
If you're a two-income household, it's not fair for one person to shoulder the majority of the household upkeep. Put yourself in her shoes for a minute to figure out where she's coming from. Is she really burdened with an unfair share? Or is it that you find time to play hockey with your friends while she's home alone? You may simply need to find ways to make her feel as though there's more of a balance (even if you're not really changing much). Encourage her to go out for a manicure or a movie night with girlfriends.

Derek says...
She might be taking jabs at your endless complaints about being tired. Secretly start a scorecard of relationship responsibilities and check off who does what in your home. If it looks like you're slacking, pitch in. After all, you don't want to enter a competition you can't win. But if you're coming out on top, it's time to discuss rewards for the winner.

Each day from Feb 7 – Feb 11, Metro will choose the first 10 messages submitted on metroclassifieds.ca to appear FREE in Metro's first ever Classifieds section on Feb 14.

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Some food for thought

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA

The voice of doom is focusing on the housing industry of late. David Madani of Capital Economics and Gluskin Sheff & Associates chief economist David Rosenberg are predicting a 25 per cent drop in Canadian housing prices over the next three years.

What's a poor homeowner to do? I know. Get defensive and get rid of that mortgage as quickly as possible.

If it is shopping that's keeping you from being mortgage free, there's now the possibility of a cure, according to five experiments into eating (yes, eating) published in December by Science Magazine.

"People who repeatedly imagined eating a food (such as cheese) many times, subsequently consumed less of the imagined food." The studies concluded, "They did so because they desired to eat it less, not because they considered it less palatable."

FLICKR/REPRES

▶ If picturing eating a certain food makes it less desiring, as experts say it can, could we imagine away our mortgage payments?

The findings got me thinking about shopping. What if, instead of plunking down good hard cash for that awesome 56-inch plasma home theatre setup you've been lusting after, you set up a daily regime of imagining that you were buying it. Pretty soon you wouldn't even want it and Best Buy would be out of business in no time.

Instead of mall trolling with friends, we could hunker down for a cosy afternoon together imagining we were buying purses, shoes, makeup, DVDs and so on. I'd guess the shopping dampening effect would be heightened if we could coordinate our imaginings, sort of like chanting in unison.

I can also envision, with a little modification, a role for the latest gaming systems. What about virtual shopping? That ought to cut the desire to shop down to just about zero.

For those who have difficulty imagining buying things, we could train shopping hypnotists. Before we know it "mortgage" would become one of those quaint words of the past, like layaway.

Money matters

2006/2010

- Per cent of Households with a mortgage: 34%/34%
- Avg. Mortgage Balance: $105,000/$143,000
- Per cent with fixed rates: 71%/68%
- Per cent with variable rates: 29%/32%

Source: Ipsos Reid, Canadian Financial Monitor

Fun and Frugal

LESLEY SCORGIE
MONEY@METRONEWS.CA

PUT A LITTLE AWAY

RRSP season is here! You have until March 1, 2011 to make your contributions for the 2010 contribution year. In most cases, the RRSP tax advantages make it the best tool for long-term retirement savings. If you're over 18, employed or self-employed, you should contribute to an RRSP.

Annually, you're allowed to contribute up to 18 per cent of your income (to a maximum of $22,000 for year 2010). You receive a tax deduction in exchange for your contribution. Contributions must be made by March 1 for a tax deduction for the previous year.

Funds within the RRSP grow tax-free until withdrawal, at which time you pay taxes at the highest marginal tax rate. Remember though; you'll be retired and making less than when you were working.

The major benefit is that you defer paying taxes until your retirement, which is very useful when you're starting out in your career, purchasing your first home, growing your family and travelling. Tax deferral allows you to maximize your savings opportunities now because less of your income is going to taxes. You can select almost any type of investment to put in your RRSP — stocks, bonds, mutual funds, etc.

If you over contribute more than $2,000 beyond your limit, Canada Revenue Agency (CRA) will penalize you at a one per cent tax per month; so stick to the limits. The maximum limits are indexed for inflation each year. Check Stats Canada for annual updates (statcan.gc.ca) or Canada Revenue Agency (cra-arc.gc.ca) to access your personal limit.

If you don't use the full amount of contribution room within your RRSP, you can carry it forward indefinitely. So if you can't afford to maximize your contributions this year, you can try again next year or the year after.

Don't believe the hike? It's comin'

Interest rates, near historic lows for much of the past two years, are widely expected to increase through the latter half of 2011. The cost of carrying debt, including mortgages, lines of credit and credit cards, will be affected.

"Low interest rates have enticed many Canadians to spend more on credit," says Stephen Reichenfeld, VP and wealth counsellor for Fiduciary Trust Company of Canada. "But an improving economy means lending rates will likely rise."

We offer four steps to help you come out ahead.

• Reduce personal debt. Do what you can today to decrease your debt load before borrowing costs increase. Review the option to lock in borrowing costs now and consolidate debt at a lower interest rate.

• Rethink your mortgage. If you have an adjustable rate mortgage, and you plan to be in your home for at least five years, consider refinancing options such as converting to a fixed rate mortgage at current rates.

• Equity funds. Stocks tend to benefit more than fixed income products like bonds in a rising interest rate environment. Past market cycles indicate sectors like industrials and technology benefit when interest rates rise. Additional investment ideas are available on websites like fiduciarytrust.ca.

• Don't hesitate on a major purchase. Consider accelerating your plans to purchase now before interest rates rise. If you're in the market for a new car, there may be zero per cent financing and other incentives available.

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▶ With interest rates expected to rise, your debt could be affected.

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Cashing in on your creativity

You've got a brain full of big ideas, but what do you do now? Start by asking yourself a few questions

FLICKR: PHOTOSTEVE101

Grab last week's brainstorm out of the wastebasket, it could be worth a couple of bucks.

You have a brilliant concept for a business and you want to get it off the ground–quickly. Before you do, here are some important questions you should consider to ensure your venture is both successful and profitable:

Is the idea original?
Now is the time to evaluate your idea and find out if it really has legs. Survey the market to see if someone else has a similar business. For tips on conducting market research, visit CanadaBusiness.ca.

Who are you selling to?
Study your potential customers, interview them and find out whether your product or service is something they are willing to pay for. Get to know their needs, likes and spending habits.

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Guide highlights black history

Students across the country are being provided with a primer on black history in Canada just in time for Black History Month.

The Historica-Dominion Institute is behind the Black History in Canada Education Guide, which has been shipped to more than 3,000 high schools. The institute is the country's largest charitable organization dedicated to Canadian history, identity and citizenship.

Jeremy Diamond, the institute's director of development and programs, said the idea stemmed from the success they had creating a similar campaign around Paul Gross's film Passchendaele a couple of years ago.

They encouraged the filmmakers to work with them on a public education campaign to help drive youngsters to the movies to learn more about the country's history and the First World War.

"Every day history's being written ... We need to continue to look at how black Canadians are continuing to make an impact in Canada."
JEREMY DIAMOND, HISTORICA-DOMINION INSTITUTE

"What we wanted to do with this guide in a similar vein is to use a popular book, like The Book of Negroes, as a foray into learning about the experience of black history in Canada," Diamond says.

He said the guide focuses on the story of black Canadians and black history in Canada over 400 years, while drawing on Lawrence Hill's award-winning novel as an example of the black Canadian experience in the 19th century. The guide also includes a message from the author.

The Book of Negroes tells the story of an 11-year-old girl who is abducted from her village in West Africa and enslaved in North Carolina.

She forges her way to freedom years later, serving the British in the Revolutionary War and registering her name in the Book of Negroes, a record of some 3,000 black Loyalists who left the U.S. to resettle in Nova Scotia.

Diamond said they use different subjects or themes such as slavery and human rights, which they're able to draw from the book to explore the larger perspective of black history in Canada.

"We often think of the United States, we often think of the Civil War and slavery, but we have our own story here in Canada when it comes to black settlement," he said. "It's talked about in the book, and we expand on that as part of the guide to be used in the classroom."

The guide is supplemented with a website, blackhistorycanada.ca that has interactive learning tools and online resources. The guide is also accessible through the site.

It also features a timeline of key events, from the arrival in 1605 of Mathieu Da Costa, a translator for Samuel de Champlain thought to be the first black person on Canadian soil, to Michaëlle Jean becoming the country's first black governor general in 2005.

Contemporary culture and modern-day figures are also highlighted, including the late jazz pianist Oscar Peterson, musician K'naan, filmmaker Clement Virgo, author Austin Clarke and Toronto Argonauts vice-chair and retired player Mike (Pinball) Clemons.

THE CANADIAN PRESS

THE CANADIAN PRESS/ADRIAN WYLD

▶ Former Governor General Michaëlle Jean is among those featured in the new Black History in Canada guide.

3 THREE WAYS OF STAYING AHEAD OF THE PACK IN THE NEW ECONOMY

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▶ You were taught in college to create a resumé out of a Microsoft Word document. Times have changed, and you need to create a virtual resumé instead. First, complete your LinkedIn profile by filling out every field and asking for recommendations. Then, turn your profile into a resumé by going to resume.linked-inlabs.com.

BRUSH UP ON YOUR SOFT SKILLS

▶ A new Kelly Services research study of 100,000 people identified verbal communication as the most important skill for professionals. I also recommend having a strong work ethic, a positive attitude, problem-solving skills, team building skills and the ability to be flexible in work environments.

NETWORK ONLINE - THE RIGHT WAY

▶ Using social networks to get a job is a great idea only if you invest time in connecting with the right people instead of updating your status with the last meal you ate. Forty-four percent of people said that they unfollow in Twitter because they get too many updates, a SmartBrief.com report said. METRO

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Are you a risk taker?

Our quiz will tell you about your investment style — fearless gambler, worrier, or something in between

DUNCAN MCALLISTER
LIFE@METRONEWS.CA

Everyone has a different risk tolerance profile when it comes to personal investments. Take our little quiz to see which category you fit into.

1. Suppose you unexpectedly inherited $20,000 to invest. You would:

A. Deposit it in a savings account or money market fund.
B. Invest it in high-quality bonds or mutual funds.
C. Invest it in a portfolio of common stocks.

2. Given the opportunity to participate in a new venture that could pay up to 100 times your investment, but has only a 20% chance of success, how much would you invest?

A. Nothing.
B. One month's salary.
C. Six month's salary.

3. When choosing a new financial investment, you always:

A. Enlist the services of a Certified Financial Planner for investment advice.
B. Do some research of your own over the Internet.
C. Flip a coin.

4. When you lose money on an investment, your reaction is...

A. I don't suffer losses because my investments are always low-risk.
B. I feel guilty and take it personally.
C. It's just the cost of doing business.

5. When it comes to your personal investments, when you hear the word "risk", you immediately think:

A. I could lose some money.
B. There is a degree of uncertainty, but I'm OK with that.
C. Here is an opportunity to make some cash.

6. My attitude toward savings is:

A. I always put away a certain percentage of my salary every month.
B. I try to save whenever I can.
C. I don't see any reason to save.

7. If you had assumed a fair degree of risk in your portfolio, you:

A. Would have trouble sleeping at night
B. Wouldn't lose sleep unless things started going south.
C. Would sleep like a baby — it wouldn't bother you at all.

8. If you had the chance to enter a poker tournament:

A. You wouldn't play, since you couldn't tolerate losing.
B. Play, but you would place low-stakes bets.
C. When playing, you would bet everything you had.

Scoring

Add up your score to see what kind of risk taker you are.

Mostly A's — Conservative.

As a conservative investor, you are risk adverse and don't feel comfortable speculating on the market. You tend towards safer, long-term positions and will always recruit the advice of an investment planner. Safer investments would include a portfolio of Guaranteed Investment Certificates (GICs), Canada Savings Bonds (CSBs), T-bills and money market funds.

Mostly B's — Middle of the Road

As a "middle-of-the-road" investor, you tend not to take risks you feel are out of your reach. You would select an asset mix with a balance of growth as well as safety. You feel comfortable placing your own trades online and follow the markets. Suitable investments would include a mixture of equities and fixed-income as well as mutual funds and precious metals.

Mostly C's — Maverick.

You have a gambler personality when it comes to investing. You believe you can spot new opportunities and capitalize on them. You prefer more speculative, short-term products like new ventures, technology start-ups and mining stocks. Although risk takers make far better returns statistically, it may come with a lot of stress, too.

ISTOCK

It's not hard to learn about investing

How to become an astute investor

Get Help: A financial planner can help you decide on the right asset mix and tailor a portfolio for your level of risk tolerance as well as provide suggestions for your long-term and short-term growth. James Hymas, portfolio manager at Hymas Investment Management Inc., in Toronto advises would-be investors that, "In this uncertain world, investors are better advised to construct a diversified portfolio that, in the long run, guards against all eventualities: common stocks, particularly resource stocks, to guard against the risk of inflation; bonds, particularly longer-term bonds, to guard against the risk of absence of inflation."

Do your Homework: Use the Internet to locate research materials and market information about your holdings (See sidebar). Learn to read a balance sheet and stock charts as well as the basic fundamentals such as Earnings Per Share (EPS) and Price/Earnings (PE) ratio.

Take a Course: Most universities and community colleges offer beginner courses on investment and financial planning. As well, some banks and investment firms will present regular informational seminars for their clients.

Be Disciplined: Don't invest any more than you can afford to lose. The desire to take risks increases greatly during a winning streak, so it's important to keep a cool head and not get caught up in the euphoria of a fast market.

DUNCAN MCALLISTER

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RRSP rules can work for you

With some advice maximise your RRSP You may be able to invest your severance A financial advisor can help

ISTOCK
RRSPs: Never the wrong time to get started.

The concept of Registered Retirement Savings Plans (RRSPs) is fairly simple. You put money in, get an immediate tax deduction each year up to your annual contribution limit, and your money grows in a tax-deferred environment.

"Canadians are increasingly aware of the importance of setting and working towards personal financial goals," said Victor Dodig, executive vice-president of retail distribution and wealth management at CIBC.

"An effective RRSP strategy also includes taking advantage of all the options available to you to maximize the power and potential of your RRSP," said Debbie Ammeter, a retirement planning expert at Investors Group. "These options can include the retiring allowance, pension adjustment reversal and RRSP beneficiary designation."

"One of the easiest ways to make saving for retirement a priority is to set up a regular investment plan. As smaller contributions are often easier to make on an ongoing basis, a regular investment plan starts to work for you right away by moving you closer toward your goals with each contribution while compounding interest, dividends or investment growth," said Dodig

When you leave a company pension plan or deferred profit sharing plan, you will receive a pension adjustment reversal (PAR) if the total value of your past pension adjustments exceeds the benefit you receive out of the plan. The PAR restores lost RRSP contribution room and, if you have changed employers in the last year, getting professional advice on your potential PAR-room can pay off, Ammeter noted.

"Having a conversation with a financial advisor is the first step toward realizing your goals. It's an opportunity to talk about what matters to you and how you can work toward your goals by taking a holistic view of your financial picture," said Dodig.

NEWS CANADA, WITH FILES FROM JON TATTRIE

ISTOCK

You can't get there without a plan

When it comes to saving money, we often focus on immediate needs. While saving is an essential step to a stable financial future, we often forget to ask ourselves an important question: What exactly am I saving for and how much will I need?

Whether it's for a new home, paying off debt, or something more long-term such as retirement, being able to clearly identify your end goal (and envision what it will look like) can make it easier to put a plan in place.

A recent study conducted by BMO Financial Group found that half of Canadians don't have a clear understanding of their short and long-term financial goals. This can make it more difficult for people to save.

"Having clear goals can help motivate us to save money," says Tina Di Vito, head of BMO Retirement Institute. "For example, when it comes to saving for retirement, have a picture of what you want your retirement lifestyle to look like, then work with a professional to develop a financial plan."NEWS CANADA

Quoted

Bev Moir, Senior Wealth Advisor with ScotiaMcLeod, says you should have a clear picture of what you're saving for this RRSP season.

- **When it comes to saving,** individuals who are most successful have developed a short and long-term financial plan as a road map ... It should be reviewed regularly and updated at least every five years.
- **The reason** many people do not have a financial plan in the first place is that they have not determined what their goals and objectives are ... Even as your goals change and evolve as you progress through your life, you're likely to get further ahead by planning than without.

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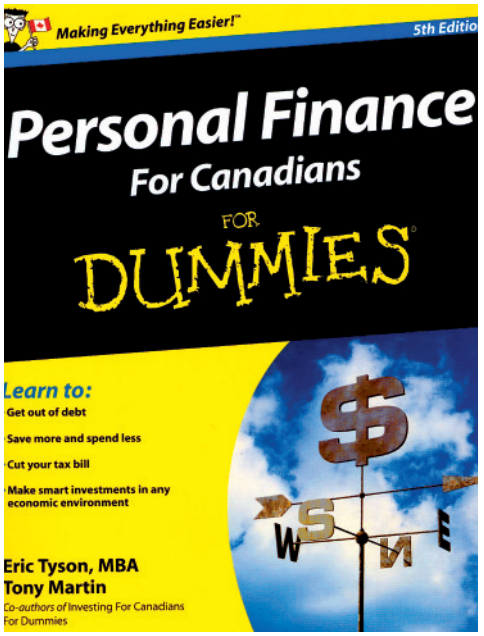

The high cost of higher learning

Not sure you'll have enough saved up for university? The latest edition of Personal Finance For Canadians For Dummies has some advice

Whether you're about to begin a regular education investment plan or you've already started saving, your emotions may lead you astray. The hype about educational costs may scare you.

However, quality education for your child doesn't have to — and probably won't — cost you as much as those projections suggest.

We explain the inner workings of the financial aid system, help you gauge how much money you'll need, and discuss educational investment options so that you can keep a cool head (and some money in your pocket) when all is said and done.

ISTOCK

▶ RRSP or retirement plan contributions can help you cover education costs.

How much will you need?

University or college can cost a lot. The total costs — including tuition, fees, books, supplies, room and board, and transportation — vary substantially from school to school.

The total average annual cost is running around $8,000 to $12,000 per year. The more expensive schools can cost up to one-third to half as much more. If you have younger children, you'll be interested to hear that some estimates put the cost of a four-year degree, including tuition and living costs, at close to $100,000 or more by 2020. Ouch!

Is all this expense worth it? Although many critics of higher education claim that the cost shouldn't be rising faster than inflation and that costs can, and should, be contained, denying the value of going to university is hard. Whether you're considering a local community college, your nearby university, or a high-end business school, investing in education is usually worth the effort and the cost. Unlike a car, which depreciates in value, an investment in education yields monetary, social, and intellectual profits. An investment in education (even if it means borrowing money) gives you more bang for your buck in the long run.

Universities and colleges are now subject to the same types of competition that companies confront. As a result, many schools are clamping down on rising costs. As with any other purchase, it pays to shop around. You can find good value — schools that offer competitive pricing and provide a quality education. Although you don't want your child to choose a university simply because it costs the least, you also shouldn't allow a university choice without any consideration or recognition of cost.

Strategizing to pay for educational expenses

We don't have just one solution to paying for your kids' education, because how you help pay for your child's university costs depends on your own unique situation.

However, in most cases you may have to borrow some money, even if you have some available cash that can be directed to pay the university bills as you receive them.

By concentrating on contributing to your RRSP or company pension plan and paying down your mortgage today, you'll have a number of options when your kids graduate from high school. If you've paid down some — or all — of your mortgage, you can borrow against the paid-up value of your home, usually at or near the lowest interest rate.

You'll already have some strong momentum and compounding going on if you've been building up your retirement savings. You've also established a savings habit.

When your kids get close to university age, you can divert your RRSP or other retirement plan contributions to help pay their education costs. When they graduate, you can easily resume your contributions.

You can even take advantage of the allowable RRSP contributions you missed out on because you're allowed to carry forward unused contributions indefinitely. (You'll find a summary on the income tax return assessment notice you receive every year.)

This will leave you in much better financial shape than if you had forgone contributions to your RRSP or company retirement savings plan when you were younger in order to start an educational savings program.

And, when your kids are ready to go to university, you'll likely be in your peak earning years, so some extra funds will probably be available.

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Setting goals

- Be realistic about what you can afford for university expenses given your other financial goals, especially saving for retirement. Being able to personally pay 100 per cent of the cost of a university education is a luxury of the very affluent. If you're not a high-income earner, consider trying to save enough to pay a third or, at most, half of the cost. You can make up the balance through loans, your child's employment before and during university, and the like.

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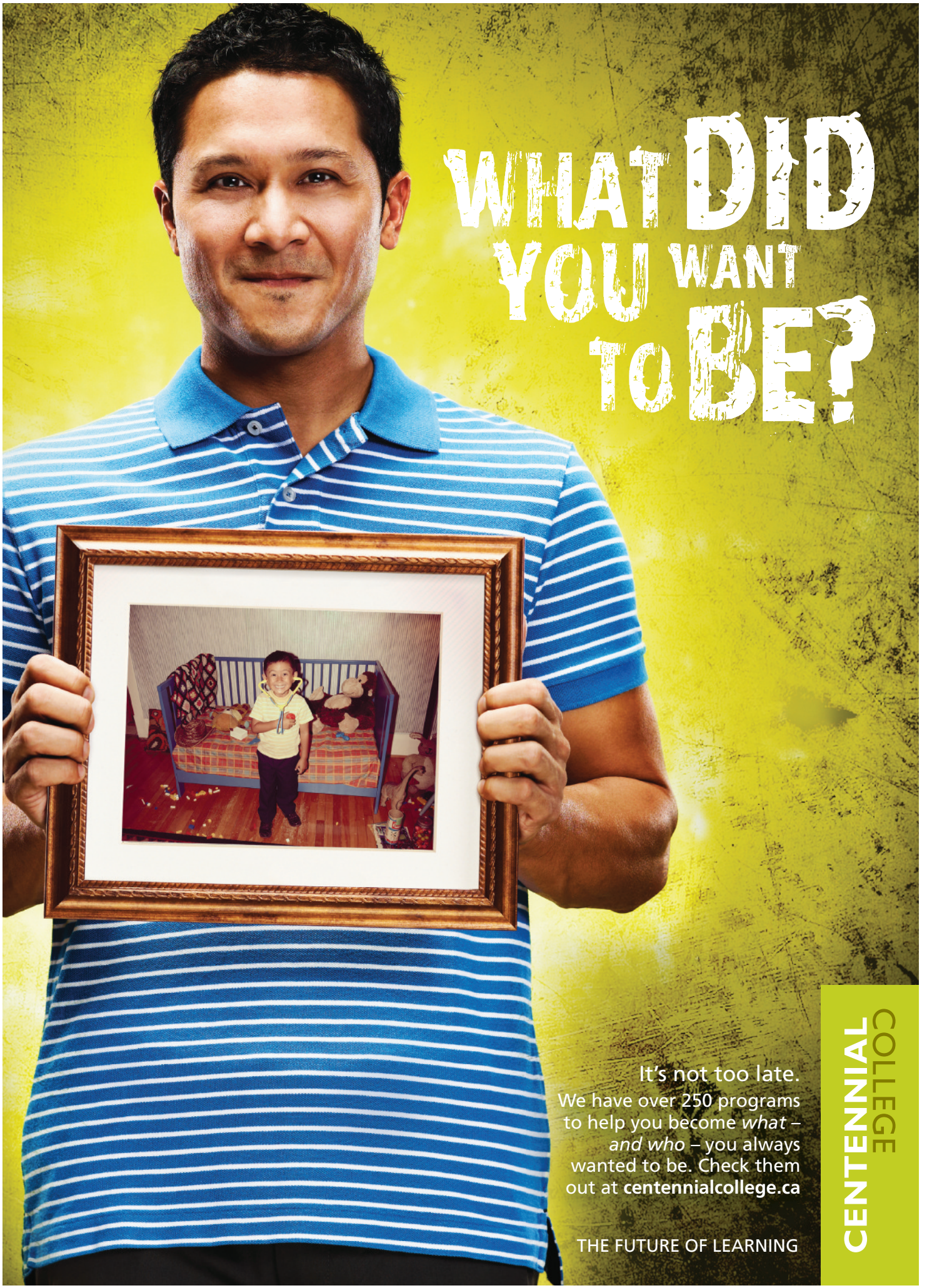
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An education in activity

MIRIAM OSBORNE
LIFE@METRONEWS.CA

Toronto-area post-secondary institutions may be places for quiet study, but they're also hives of activity, delving into every passion and interest you may have — from interviews with Canada's favourite fashionistas to discovering man's earliest best friend. Here's a smattering of what's happening at an institute of higher learning near you.

FLICKR: GO ASK ALICE

George Brown College
NOW Magazine awarded George Brown's training restaurant The Chefs' House top honours as one of Toronto's Top 10 restaurants for 2010. This restaurant offers up delicious food and is very affordable. Check it out at thechefshouse.com.

FLICKR: BETSYWEBER

Humber College
Earlier this month, Humber College's Fashion Arts program hosted an open interview between Jeanne Beker and Bonnie Brooks, two of the most influential women in Canadian fashion. Beker interviewed Brooks, president and CEO of the Bay, on fashion, trends, the future of retailers and other fashion-related topics. The discussion was broadcast throughout the Humber campus and also in the United Kingdom at Nottingham Trent University.

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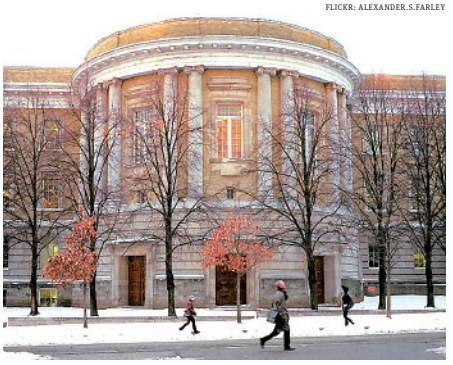
Athabasca University

There's a lot more to university these days than hitting the books Students pursue their passion at Toronto's post-secondary institutions, from training in one of the city's top restaurants to competing in a video game design contest with more than 6,500 participants in 44 countries around the world

TORONTO STAR

Seneca College
The students, faculty and staff members at Seneca College have reached new heights in their support of the United Way's annual campaign, with a 50 per cent increase in participation and $85,000 in donations — almost twice the amount raised in 2009. Seneca's campaign was bolstered by a donation of $10,000 from the Seneca Student Federation (SSF), which was matched dollar-for-dollar by the college. This was the largest United Way campaign in the college's history.

FLICKR: ALEXANDER.S.FARLEY



University of Toronto
University of Toronto anthropology professor Edward Banning and an assistant made an unexpected discovery of man's possible best friend – before dogs. The team discovered what they believe is the oldest cemetery in the Middle East, a site in northern Jordan that includes graves with human remains buried alongside those of foxes. Banning found the 16,500-year-old site in 2000, but recent excavations uncovered the red fox skeletons in the same graves as humans.

triOS College

triOS College Video Game Design and Development students took part in a competition in January called the Global Game Jam — an intense video game design competition that takes place over 48 hours in 44 countries with 170 locations and 6,500 participants. The TriOS students created a game called World Devourer (globalgamejam.org/2011/world-devourer) where you control creatures that eat everything. The students were so dedicated that even a trip to the hospital (due to illness of one of their group members) did not hinder their game development.

trios College is known for giving its students a lot of hands-on experience. Recently, Community Services Worker students teamed up with a butcher shop to donate sandwiches, soup, blankets, pillows, boots, coats and mitts to those in need from the homeless to those suffering with addictions.

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Humber College
Feb. 3-12. Humber College theatre presents Wasted On The Young, which tells the stories of an interrelated multicultural city through the lives of young people and their families. Location: 300 Birmingham St. (north of Lakeshore Campus).

University of Toronto
Feb. 8, 4:30 to 5:45 p.m., Buddhist Chanting Session: An Active Form of Meditation. Chanting, the daily practice in Nichiren Buddhism, is an "active form" of meditation, and allows us to access the inner realm of spirituality. Location: University of Toronto, 569 Spadina Ave.

FLICKR: EXACTFARE

▶ Queen's University

Queen's University
Feb. 10, 6 to 8:30 p.m., Rhythm of Africa. Celebrate African culture with music, food and a silent auction with all proceeds going to QTFC's school project in Kenya. Tickets: Early bird $6; At the door $8. Location: Queen's University International Centre.

triOS College
Feb. 18. Come help triOS College cheer on the Oshawa Generals hockey team. As the official sponsor, triOS will be handing out prizes and providing information about the career training programs they offer. For more information, contact: communications@trios.com.

Queen's University
Feb. 16, 7:30 p.m., Free Chinese Film Night. Xiari nuanyangyang/I Love Beijing is a romantic drama following a young cab driver who is depressed after a recent divorce. Location: Queen's University, Kingston Hall, 103 Stuart St., Room 200.

Wilfred Laurier
March 8, 11 a.m. Joannie Rochette will deliver the keynote address at the Outstanding Women of Laurier (OWL) event. Location: Waterloo Inn Conference Hotel. For more info, visit laurierathletics.com/owl.

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Leafs find team they can beat

5	4
LEAFS	THRASHERS

The Toronto Maple Leafs took advantage of a team with a more fragile confidence than their own.

Nikolai Kulemin stole the puck from Thrashers defenceman Dustin Byfuglien and scored to put the Leafs ahead in the third period last night before Tim Brent scored the winner in a wild 5-4 victory over Atlanta.

The teams have played high-scoring games all season, combining for 30 goals in their three meetings so far.

Dion Phaneuf, Mikhail Grabovski and Clarke MacArthur also had goals for the Maple Leafs (22-26-5).

Byfuglien, Evander Kane, Nik Antropov and Andrew Ladd replied for Atlanta (24-22-10).

Toronto coach Ron Wilson tinkered with his lines for the first time in roughly a month and seemed to find some chemistry. Frustrated winger Phil Kessel saw his goal drought reach 11 games, but looked good on a new top unit with Grabovski and Kulemin for the final two periods.

They were on the ice when Toronto took its first lead of the night at 4:17 of the third period. Kulemin took advantage of a brutal giveaway by Byfuglien, intercepting a pass and beating Ondrej Pavelec between the legs.

The Thrashers have been struggling since getting hammered 9-3 by Toronto Jan. 7, putting together a 2-7-4 run dating back to then.

THE CANADIAN PRESS

RICK MADONIK/TORSTAR NEWS SERVICE

▶ Phil Kessel unleashes a shot on net last night.

‘I want to be here’: Kessel

Leafs forward downplays talk that he might want out, says his frustration is with his own play

He’s gone 11 games without a goal

Phil Kessel says it was all just a misunderstanding. One day after making headlines with cryptic comments about his relationship with Maple Leafs coach Ron Wilson and his current role with the team, the struggling forward was much clearer with his feelings yesterday morning.

Kessel repeatedly stated that his frustrations are solely with his own play.

“I love Toronto, I want to be here,” Kessel said before a game against the Atlanta Thrashers. “I love the city, I love the fans, I love the team. The guys are great here. I don’t want any trade or anything like that.”

“I think the reason that Phil hasn’t put up the numbers can’t just be put on his back.”

GENERAL MANAGER BRIAN BURKE

Kessel, 23, has been a lightning rod for Maple Leafs fans because of the price GM Brian Burke paid to acquire him from Boston in September 2009 — two first-round picks and a second-rounder.

Kessel is locked in his toughest stretch of the season, having gone 11 games without a goal.

“Obviously, I’m frustrated,” said Kessel. “The way it’s going right now, we’re not winning (and) I need to be better out there.”

That frustration was evident when a handful of reporters spoke with Kessel after Sunday’s practice. He said things “might not be working out here” — Kessel clarified yesterday that he meant with his linemates, not the team — and said “me and Ron don’t really talk” when asked about the coach.

Kessel addressed his teammates on the issue yesterday and sat down for a conversation with Wilson.

“Phil’s just got to relax,” said the veteran coach. “I told him to relax. We don’t have any issues. Eventually, you’re going to come out of it. The law of averages shows he’s a 30-goal scorer and he’s going through a hole right now.”

THE CANADIAN PRESS

4 sports

Leafs preview

Maple Leafs at Islanders
7 p.m.
TV: Sportsnet
Radio: AM 640

Toronto (21-26-5 entering Monday night’s game) heads to Long Island to take on the Islanders, who are making a push to escape the Eastern Conference basement.

Raptors preview

Raptors at Bucks
8 p.m.
TV: TSN
Radio: AM 590

Toronto (14-37) has had three days off to enjoy its first win in 14 games.

THE CANADIAN PRESS

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Talkative Evans still not ready to return to Raps

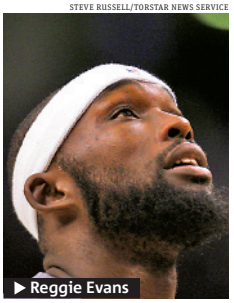
- Rugged PF back in the gym for individual workout
- May be more than a week before return to practice

There is no doubt the Raptors have missed Reggie Evans in the more than two months he's been out with a broken foot because he's the team's best rebounder, toughest defender and most physically imposing presence.

But he's been missed in other ways, too, ways that entertain fans away from the court on the interminable off-days in an NBA season.

After all, it's not often an NBA veteran gets talking intimately about the impending birth of his third child, what kind of

STEVE RUSSELL/TORSTAR NEWS SERVICE



▶ Reggie Evans

grief that unborn is causing his wife and how every now and then he will steal some candy from his kids.

Evans' gift of gab hasn't wilted one bit, as he willingly shared details of the impending birth of a son, due Feb. 16.

"He's dilated like two (centimetres) so he's kind of ready to come out of there and stuff like that," Evans said after an intense individual workout after Raptors practice yesterday. "He's being real aggressive. He's been giving my wife a lot of problems."

Kind of like his father?

"I think he's trying to get out so he can come watch me play ... Probably getting bored inside there."

TORSTAR NEWS SERVICE

Heroes. Welcomed

▶ Packers safety Nick Collins celebrates after getting off a bus as the team returned to Lambeau Field a day after defeating the Steelers 31-25 in Super Bowl XLV.

THE ASSOCIATED PRESS

NFL's conquerors return home

Thousands of exhausted but euphoric Packers fans cheered the team yesterday on its return to Green Bay as Super Bowl champions after the team's win over the Pittsburgh Steelers. Schools dismissed early yesterday and people took off work so they could see the team as it travelled to Lambeau Field from the airport.

Emery signs up with Ducks

Ray Emery is taking the next step in his bid to return to the NHL.

The Anaheim Ducks signed the goaltender to a two-way contract. He hasn't played since Feb. 1, 2010.

THE CANADIAN PRESS

Titans name new head coach

The Tennessee Titans have hired Mike Munchak as the franchise's 16th head coach, deciding to promote from within to replace Jeff Fisher.

It will be Munchak's first head coaching job.

THE ASSOCIATED PRESS

3B Young wants out of Texas

Michael Young has asked the Texas Rangers to trade him. General manager Jon Daniels says the AL champions are willing to accommodate that request though "nothing is imminent."

THE ASSOCIATED PRESS

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	53	35	13	2	3	180	137	75	18-7-0-2	17-6-2-1	8-2-0-0	W2
d-Tampa Bay	54	33	16	3	2	164	162	71	18-5-1-1	15-11-2-1	7-3-0-0	W1
d-Boston	53	30	16	2	5	161	119	67	14-10-1-2	16-6-1-3	6-4-0-0	L1
Pittsburgh	54	34	16	2	2	164	122	72	19-9-1-0	15-7-1-2	8-2-0-0	L1
Washington	54	29	15	5	5	150	134	68	17-5-2-5	12-10-3-0	5-2-1-2	W2
Montreal	54	30	19	4	1	139	131	65	18-7-3-1	12-12-1-0	6-2-1-1	L1
NY Rangers	55	29	22	2	2	153	135	62	12-12-1-2	17-10-1-0	3-6-0-1	L4
Carolina	53	26	21	2	4	159	164	58	14-9-1-1	12-12-1-3	5-5-0-0	W1
Atlanta	55	24	21	4	6	158	178	58	12-11-1-4	12-10-3-2	2-5-1-2	L3
Buffalo	51	24	22	5	0	145	149	53	12-12-1-0	12-10-4-0	6-4-0-0	W1
Florida	52	23	23	2	4	140	141	52	11-8-2-3	12-15-0-1	3-3-1-3	W1
Toronto	52	21	26	2	3	133	162	47	12-11-2-2	9-15-0-1	3-6-0-1	L1
New Jersey	53	19	30	3	1	113	154	42	10-13-2-1	9-17-0-1	7-1-2-0	W1
Ottawa	53	17	28	5	3	117	174	42	9-15-2-2	8-13-3-1	1-7-1-1	L9
NY Islanders	52	17	28	3	4	128	169	41	9-12-1-3	8-16-2-1	4-6-0-0	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	53	34	10	4	5	179	125	77	18-3-1-4	16-7-3-1	6-1-1-2	W5
d-Detroit	52	31	15	4	2	173	154	68	15-7-3-1	16-8-1-1	4-5-0-1	L2
d-Dallas	53	30	18	1	4	152	150	65	16-7-1-3	14-11-0-1	5-5-0-0	L3
Nashville	53	28	18	4	3	141	125	63	12-4-3-3	16-14-1-0	5-4-0-1	W1
San Jose	53	28	19	4	2	150	144	62	13-10-2-1	15-9-2-1	7-2-0-1	W3
Anaheim	54	29	21	2	2	146	150	62	17-8-0-1	12-13-2-1	7-3-0-0	W1
Phoenix	54	26	19	6	3	153	156	61	11-10-3-2	15-9-3-1	4-6-0-0	W1
Los Angeles	53	29	22	1	1	150	129	60	17-9-1-0	12-13-0-1	6-3-0-1	W2
Minnesota	52	27	20	1	4	135	138	59	12-11-0-2	15-9-1-2	6-4-0-0	L1
Calgary	54	26	21	2	5	154	160	59	14-9-0-2	12-12-2-3	7-1-1-1	L1
Chicago	52	27	21	2	2	167	147	58	16-13-0-0	11-8-2-2	6-3-0-1	L1
Colorado	52	25	21	6	0	164	172	56	14-13-3-0	11-8-3-0	4-6-0-0	L3
Columbus	52	25	22	3	2	141	162	55	13-12-0-1	12-10-3-1	5-3-1-1	W2
St. Louis	51	23	20	4	4	138	153	53	16-8-1-2	7-12-3-2	3-5-2-0	L1
Edmonton	52	15	29	1	7	129	180	38	7-14-1-3	8-15-1-3	1-8-0-1	L4

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results
Atlanta at Toronto
N.Y. Rangers at Detroit
Edmonton at Nashville
Chicago at Calgary
Colorado at Phoenix
Ottawa at Vancouver
Sunday's results
New Jersey 4 Montreal 1
Tampa Bay 4 St. Louis 3 (OT)
Washington 3 Pittsburgh 0
Tonight's games
Carolina at New Jersey, 7 p.m.
Toronto at N.Y. Islanders, 7 p.m.
Columbus at Pittsburgh, 7 p.m.
San Jose at Washington, 7 p.m.
Buffalo at Tampa Bay, 7:30 p.m.
St. Louis at Florida, 7:30 p.m.

SUNDAY

DEVILS 4, CANADIENS 1

First Period
1. New Jersey, Zubrus 12, 1:12
2. New Jersey, Kovalchuk 16 (White, Zajac) 4:04
Penalties — Pacioretty Mtl (holding) 6:41, Talinder NJ (hooking) 12:39.
Second Period
3. New Jersey, Zajac 9 (Volchenkov) 3:16
4. Montreal, Subban 6 (Gomez, Pacioretty) 6:32
Penalty — Pacioretty Mtl (goaltender interference) 12:41.
Third Period
5. New Jersey, Kovalchuk 17 (Zajac) 18:39 (en)
Penalty — Gomez Mtl (misconduct) 18:39.
Shots on goal by

New Jersey	10	14	6—30
Montreal	11	5	10—26

Goal (shots-saves) — New Jersey: Brodeur (W,13-19-2)(11-11), Hedberg (start second, 15-14); Montreal: Price (L,26-17-5). **Power plays (goals-chances)** — New Jersey: 0-2; Montreal: 0-1.
Attendance — 21,273 (21,273) at Montreal.

SCORING LEADERS

	G	A	PT
Stamkos, TB	40	32	72
D.Sedin, Vcr	28	41	69
Crosby, Pgh	32	34	66
H.Sedin, Vcr	12	53	65
St. Louis, TB	20	44	64
B.Richards, Dal	21	38	59
Perry, Ana	28	28	56
Zetterberg, Det	16	40	56
Ovechkin, Wash	20	35	55
E.Staal, Car	26	27	53
Eriksson, Dal	18	34	52
Kesler, Vcr	30	20	50
Giroux, Pha	19	31	50
Kopitar, LA	16	34	50
Backstrom, Wash	14	36	50
Iginla, Cal	22	27	49
J.Carter, Pha	25	23	48
M.Richards, Pha	17	31	48
Sharp, Chi	26	21	47
Ribeiro, Dal	10	37	47
Selanne, Ana	15	31	46
J.Thornton, SJ	14	32	46
Briere, Pha	26	19	45
Duchene, Col	20	25	45
Heatley, SJ	19	26	45
Toews, Chi	19	26	45
Havlat, Minn	14	31	45
M.Koivu, Minn	14	31	45
Yandle, Phx	9	36	45
Nash, Clb	23	21	44
Bergeron, Bos	19	25	44
Vanek, Buf	19	25	44
Hejduk, Col	17	27	44
Lidstrom, Det	11	33	44
Plekanec, Mtl	18	25	43
P.Stastny, Col	17	26	43
Clowe, SJ	14	29	43
Visnovsky, Ana	8	35	43
J.Williams, LA	19	23	42
MacArthur, Tor	16	26	42
Tanguay, Cal	14	28	42
Franzen, Det	26	15	41
Ryan, Ana	23	18	41
Skinner, Car	18	23	41
Byfuglien, Atl	16	25	41
T.Ruutu, Car	12	29	41
Enstrom, Atl	8	33	41
Letang, Pgh	7	34	41
Steen, StL	15	25	40
Grabovski, Tor	21	18	39
D.Brown, LA	18	21	39
Tavares, NYI	18	21	39
Dubinsky, NYR	17	22	39
Ladd, Atl	16	23	39
P.Kane, Chi	14	25	39
Elias, NJ	13	26	39
Leino, Pha	13	26	39
Datsyuk, Det	12	27	39
Marleau, SJ	19	19	38
Umberger, Clb	19	19	38
Backes, StL	17	21	38
J.Jokinen, Car	12	26	38
Neal, Dal	20	17	37
Kulemin, Tor	18	19	37
Malkin, Pgh	15	22	37
Getzlaf, Ana	13	24	37
Ra.Whitney, Phx	10	27	37
J.Johnson, LA	5	32	37
Morrow, Dal	23	13	36
Kunitz, Pgh	18	18	36
Weiss, Fla	15	21	36
Recchi, Bos	10	26	36
Semin, Wash	18	17	35
Brassard, Clb	13	22	35
Doan, Phx	11	24	35
Pavelski, SJ	11	24	35
Roy, Buf	10	25	35
Krecji, Bos	7	28	35
Liles, Col	6	29	35
D.Boyle, SJ	5	30	35
Couture, SJ	23	11	34
Lucic, Bos	21	13	34
Kessel, Tor	19	15	34
Smyth, LA	19	15	34
Hartnell, Pha	17	17	34
Kovalchuk, NJ	17	17	34
Versteeg, Tor	14	20	34
Purcell, TB	11	23	34
Wisniewski, NYI-Mtl	5	29	34
Rafalski, Det	4	30	34
Penner, Edm	17	16	33
Gaborik, NYR	16	17	33
Benn, Dal	13	20	33

Not including last night's games

TRANSACTIONS

MLB

AMERICAN LEAGUE

DETROIT TIGERS—Agreed to terms with RHP Lester Oliveros, RHP Jose Ortega, RHP Brayan Villarreal, LHP Duane Below, LHP Phil Coke, LHP Charlie Furbush, 1B-OF Ryan Strieby and INF Audy Ciriaco on one-year contracts.

NATIONAL LEAGUE

HOUSTON ASTROS—Agreed to terms with OF Jason Bourgeois and RHP Aneury Rodriguez on one-year contracts.
LOS ANGELES DODGERS—Agreed to terms with INF Aaron Miles on a minor league contract.
NEW YORK METS—Named Brad Andress strength and conditioning coach.

NBA

HOUSTON ROCKETS—Recalled G Ishmael Smith from Rio Grande Valley (NBADL).
PHILADELPHIA 76ERS—Recalled F Craig Brackins from Springfield (NBADL).
TORONTO RAPTORS—Signed G Trey Johnson to a second 10-day contract. Women's National Basketball Association
WASHINGTON MYSTICS—Signed G Maurita Reid.

NFL

CAROLINA PANTHERS—Named Joe Kenn strength and conditioning coach.
JACKSONVILLE JAGUARS—Released OT Jordan Black. Signed C Bradley Vierling.
PHILADELPHIA EAGLES—Named Mike Caldwell linebackers coach and Michael Zordich secondary/safeties coach.
TENNESSEE TITANS—Named Mike Munchak coach. Canadian Football League
EDMONTON ESKIMOS—Signed WR Chris Bauman.

NHL

ATLANTA THRASHERS—Reassigned G Edward Pasquale from Chicago (AHL) to Gwinnett (ECHL).
BOSTON BRUINS—Recalled F Jordan Caron from Providence (AHL).
ST. LOUIS BLUES—Assigned G Ben Bishop to Peoria (AHL).
TAMPA BAY LIGHTNING—Reassigned G Jaroslav Janus from Norfolk (AHL) to Florida (ECHL).
VANCOUVER CANUCKS—Voided the reassignment of D Lee Sweatt to Manitoba (AHL).

NFL

SUPER BOWL XLV

Sunday's result
At Arlington, Texas
Green Bay (NFC) 31 Pittsburgh (AFC) 25

SUNDAY

PACKERS 31, STEELERS 25

Pittsburgh	**0**	**10**	**7**	**8**	**—25**
Green Bay	**14**	**7**	**0**	**10**	**—31**

First Quarter
GB—Nelson 29 pass from Rodgers (Crosby kick), 3:44.
GB—Collins 37 interception return (Crosby kick), 3:20.
Second Quarter
Pgh—FG Suisham 33, 11:08.
GB—Jennings 21 pass from Rodgers (Crosby kick), 2:24.
Pgh—Ward 8 pass from Roethlisberger (Suisham kick), 0:39.
Third Quarter
Pit—Mendenhall 8 run (Suisham kick), 10:19.
Fourth Quarter
GB—Jennings 8 pass from Rodgers (Crosby kick), 11:57.
Pgh—Wallace 25 pass from Roethlisberger (Randle El run), 7:34.
GB—FG Crosby 23, 2:07.
Attendance—103,219 at Arlington, Texas.

TEAM STATISTICS	**Pit**	**GB**
First downs	19	15
Total Net Yards	387	338
Rushes-yards	23-126	13-50
Passing	261	288
Punt Returns	4-5	1-0
Kickoff Returns	6-111	3-63
Interceptions Ret.	0-0	2-38
Comp-Att-Int	25-40-2	24-39-0
Sacked-Yards Lost	1-2	3-16
Punts	3-51.0	6-40.5
Fumbles-Lost	1-1	1-0
Penalties-Yards	6-55	7-67
Time of Possession	33:25	26:35

INDIVIDUAL STATISTICS
RUSHING—Pittsburgh, Mendenhall 14-63, Roethlisberger 4-31, Redman 2-19, Moore 3-13. Green Bay, Starks 11-52, Rodgers 2-(minus 2).
PASSING—Pittsburgh, Roethlisberger 25-40-2-263. Green Bay, Rodgers 24-39-0-304.
RECEIVING—Pittsburgh, Wallace 9-89, Ward 7-78, Randle El 2-50, Sanders 2-17, Miller 2-12, Spaeth 1-9, Mendenhall 1-7, Brown 1-1. Green Bay, Nelson 9-140, J.Jones 5-50, Jennings 4-64, Driver 2-28, Jackson 1-14, Quarless 1-5, Hall 1-2, Crabtree 1-1.
MISSED FIELD GOAL—Pittsburgh, Suisham 52 (WL).

SUPER BOWL CHAMPIONS

2011 — Green Bay Packers
2010 — New Orleans Saints
2009 — Pittsburgh Steelers
2008 — N.Y. Giants
2007 — Indianapolis Colts
2006 — Pittsburgh Steelers
2005 — New England Patriots
2004 — New England Patriots
2003 — Tampa Bay Buccaneers
2002 — New England Patriots
2001 — Baltimore Ravens
2000 — St. Louis Rams
1999 — Denver Broncos
1998 — Denver Broncos
1997 — Green Bay Packers
1996 — Dallas Cowboys
1995 — San Francisco 49ers
1994 — Dallas Cowboys
1993 — Dallas Cowboys
1992 — Washington Redskins
1991 — N.Y. Giants
1990 — San Francisco 49ers
1989 — San Francisco 49ers

SUPER BOWL MVPS

2011 — Aaron Rodgers, QB, Green Bay
2010 — Drew Brees, QB, New Orleans
2009 — Santonio Holmes, WR, Pittsburgh
2008 — Eli Manning, QB, N.Y. Giants
2007 — Peyton Manning, QB, Indianapolis
2006 — Hines Ward, WR, Pittsburgh
2005 — Deion Branch, WR, New England
2004 — Tom Brady, QB, New England
2003 — Dexter Jackson, FS, Tampa Bay
2002 — Tom Brady, QB, New England
2001 — Ray Lewis, LB, Baltimore
2000 — Kurt Warner, QB, St. Louis
1999 — John Elway, QB, Denver
1998 — Terrell Davis, RB, Denver
1997 — Desmond Howard, KR, Green Bay
1996 — Larry Brown, CB, Dallas

GOLF

PGA PHOENIX OPEN

At Scottsdale, Ariz.
Par 71 (35-36)
Final Round
(x-won playoff on second hole; FedEx points in parentheses):

x-Mark Wilson (500), $1,098,000	65-64-68-69—266
Jason Dufner (300), $658,800	65-68-67-66—266
Vijay Singh (163), $353,800	69-65-68-66—268
Martin Laird (163), $353,800	68-71-64-65—268
Nick Watney (100), $222,650	70-66-65-68—269
J.B. Holmes (100), $222,650	65-70-67-67—269
Gary Woodland (100), $222,650	68-66-69-66—269
Brandt Snedeker (75), $164,700	69-68-66-67—270
Webb Simpson (75), $164,700	70-66-67-67—270
Y.E. Yang (75), $164,700	69-65-67-69—270
Chris Couch (75), $164,700	66-65-68-71—270
Tommy Gainey (75), $164,700	63-65-68-74—270
Ryuji Imada (56), $111,020	68-67-69-67—271
Cameron Beckman (56), $111,020	65-70-67-69—271
Joe Ogilvie (56), $111,020	67-67-69-68—271
Geoff Ogilvy (56), $111,020	67-66-67-71—271
Rickie Fowler (56), $111,020	70-62-69-70—271
Brian Gay (52), $82,350	69-68-65-70—272
D.A. Points (52), $82,350	68-66-69-69—272
Ben Crane (52), $82,350	66-68-68-70—272
Bo Van Pelt (52), $82,350	68-66-67-71—272
Frank Lickliter II (46), $54,987	72-64-65-72—273
Rory Sabbatini (46), $54,987	70-66-68-69—273
Pat Perez (46), $54,987	69-67-67-70—273
Alex Prugh (46), $54,987	70-67-66-70—273
William McGirt (46), $54,987	70-65-68-70—273
Brendon de Jonge (46), $54,987	67-72-68-66—273
Michael Connell (46), $54,987	69-70-64-70—273
Dustin Johnson (39), $37,134	64-73-70-67—274
Charley Hoffman (39), $37,134	65-71-68-70—274
Hunter Mahan (39), $37,134	68-68-68-70—274
Bubba Watson (39), $37,134	70-68-66-70—274
Lucas Glover (39), $37,134	66-68-69-71—274
Matt Bettencourt (39), $37,134	67-67-68-72—274
Phil Mickelson (39), $37,134	67-65-71-71—274
Bill Haas (39), $37,134	65-65-68-76—274
Tom Lehman (33), $28,060	65-72-69-69—275
Charlie Wi (33), $28,060	68-68-67-72—275
Jonathan Byrd (33), $28,060	68-65-73-69—275
Aaron Baddeley (33), $28,060	65-68-72-70—275
Hunter Haas (27), $20,771	74-63-70-69—276
Justin Leonard (27), $20,771	70-66-69-71—276
Fred Couples (27), $20,771	67-71-67-71—276
Marc Leishman (27), $20,771	67-69-69-71—276
Chris Kirk (27), $20,771	66-72-73-65—276
J.J. Henry (27), $20,771	66-73-67-70—276
Jeff Overton (27), $20,771	67-72-69-68—276
Chez Reavie (27), $20,771	68-71-68-69—276
Also	
Stephen Ames (7), $12,871	**70-68-68-75—281**

TENNIS

ATP SAP OPEN

At San Jose, Calif.
Singles
First Round
Denis Istomin (5), Uzbekistan, def. Roman Borvanov, Moldova, 6-3, 7-5.
Michael Russell, U.S., def. Alex Kuznetsov, U.S., 6-4, 6-2.
Tim Smyczek, U.S., def. Robert Farah, Colombia, 7-5, 3-6, 6-3.

ATP BRASIL OPEN

At COSTA DO SAUIPE, Brazil
Singles
First Round
Filippo Volandri, Italy, def. Victor Hanescu (8), Romania, 7-5, 6-1.
Pablo Andujar, Spain, def. Daniel Gimeno-Traver, Spain, 6-3, 6-1.
Ruben Ramirez Hidalgo, Spain, def. Fernando Romboli, Brazil, 6-4, 6-2.

WTA OPEN GAZ DE FRANCE SUEZ

At Paris
Singles — First Round
Kristina Barrois, Germany, def. Iveta Benesova, Czech Republic, 5,7, 6-4, 6-4.
Doubles — First Round
Vera Dushevina and Ekaterina Makarova, Russia, def. Natalie Grandin, South Africa, and Vladimira Uhlirova (4), Czech Republic, 7-5, 7-5.
Sandra Klemenschits, Austria, and Irena Pavlovic, France, def. Timea Bacsinszky, Switzerland, and Aurelie Vedy, France, 6-4, 6-7 (3), 13-11 (tiebreak).

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Boston	38	12	.760	—
d-Miami	37	14	.725	1½
d-Chicago	34	15	.694	3½
Atlanta	33	18	.647	5½
Orlando	32	20	.615	7
New York	26	24	.520	12
Philadelphia	23	27	.460	15
Indiana	21	27	.438	16
Charlotte	21	29	.420	17
Milwaukee	19	30	.388	18½
Detroit	19	32	.373	19½
New Jersey	15	37	.288	24
Toronto	14	37	.275	24½
Washington	13	37	.260	25
Cleveland	8	43	.157	30½

WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	42	8	.840	—
Dallas	35	15	.700	7
d-L.A. Lakers	35	16	.686	7½
d-Oklahoma City	33	17	.660	9
New Orleans	32	20	.615	11
Denver	30	21	.588	12½
Utah	30	22	.577	13
Portland	27	24	.529	15½
Memphis	27	25	.519	16
Phoenix	23	25	.479	18
Houston	24	28	.462	19
Golden State	22	27	.449	19½
L.A. Clippers	19	31	.380	23
Sacramento	12	35	.255	28½
Minnesota	11	39	.220	31

d – division leader
Last night's results
Boston at Charlotte
L.A. Lakers at Memphis
Minnesota at New Orleans
Cleveland at Dallas
Houston at Denver
Chicago at Portland
Utah at Sacramento
Phoenix at Golden State
Sunday's results
Boston 91 Orlando 80
Indiana 105 New Jersey 86
Miami 97 L.A. Clippers 79
New York 117 Philadelphia 103
Tonight's games
(all times Eastern)
Philadelphia at Atlanta, 7 p.m.
L.A. Clippers at Orlando, 7 p.m.
San Antonio at Detroit, 7:30 p.m.
Indiana at Miami, 7:30 p.m.
Toronto at Milwaukee, 8 p.m.
Memphis at Oklahoma City, 8 p.m.
Minnesota at Houston, 8:30 p.m.

LACROSSE

NLL

EAST DIVISION	GP	W	L	Pct.	GF	GA	GB
Toronto	6	4	2	.667	69	59	—
Buffalo	5	3	2	.600	53	50	½
Rochester	5	3	2	.600	49	54	½
Boston	7	4	3	.571	64	53	½
Philadelphia	6	3	3	.500	52	56	1
WEST DIVISION							
Calgary	6	4	2	.667	71	69	—
Minnesota	5	3	2	.600	58	52	½
Washington	6	3	3	.500	69	72	1
Colorado	5	1	4	.200	47	51	2½
Edmonton	5	0	5	.000	44	59	3½

Saturday's results
Boston 9 Toronto 7
Rochester 11 Philadelphia 6
Washington 10 Colorado 8
Friday's result
Buffalo 15 Minnesota 12
WEEK SIX
Friday, Feb. 11
Washington at Edmonton, 9 p.m.
Saturday, Feb. 12
Calgary at Toronto, 7 p.m.
Buffalo at Philadelphia, 7 p.m.
Colorado at Boston, 7:30 p.m.
Minnesota at Rochester, 7:35 p.m.
Edmonton at Washington, 10:30 p.m.

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NATIONAL HOCKEY LEAGUE STATISTICS

FROM THE CANADIAN PRESS

Not including yesterday's games

ANAHEIM

Player	GP	G	A	Pts	+/-	PIM
Perry	54	28	28	56	3	84
Selanne	45	15	31	46	0	22
Visnovsky	53	8	35	43	8	18
Ryan	54	23	18	41	7	49
Getzlaf	40	13	24	37	2	32
Koivu	53	11	18	29	-6	34
Fowler	48	6	22	28	-15	14
Lydman	50	2	17	19	25	20
Blake	52	10	8	18	-6	35
Lupul	26	5	8	13	-4	14
McMillan	32	5	6	11	1	4
Lapierre	50	5	5	10	-13	68
Sexton	28	3	4	7	-6	2
Marchant	53	0	6	6	-10	18
Lilja	37	1	4	5	-9	10
Parros	53	3	1	4	-3	118
Sbisa	40	2	2	4	-9	20
Sutton	31	0	3	3	-5	55
Mara	33	1	1	2	-1	40
Chipchura	29	0	2	2	0	27
Brookbank	23	0	0	0	-2	43
Voros	12	0	0	0	-4	43
Hiller	47	0	1	1	0	0
McElhinney	15	0	1	1	0	0

ATLANTA

Player	GP	G	A	Pts	+/-	PIM
Byfuglien	55	16	25	41	1	47
Enstrom	50	8	33	41	3	30
Ladd	54	16	23	39	-5	23
Little	49	14	17	31	11	29
Peverley	55	13	16	29	-15	33
Stewart	55	13	16	29	1	45
Kane	46	13	16	29	-1	52
Bergfors	44	11	18	29	-4	6
Antropov	49	9	18	27	-6	26
Burmistrov	55	5	11	16	-2	23
Thorburn	55	6	9	15	4	43
Oduya	55	2	13	15	-12	18
Slater	36	5	7	12	4	19
Modin	33	7	3	10	-11	12
Bogosian	44	4	5	9	-16	21
Boulton	46	5	3	8	1	40
Sopel	54	2	5	7	9	16
Hainsey	55	1	6	7	-3	12
Cormier	17	1	1	2	-3	4
Meyer	15	1	1	2	-7	8
Stapleton	18	0	1	1	-6	6
Dawes	9	0	1	1	-6	0
Machacek	4	0	0	0	-2	0
Wedel	2	0	0	0	-1	0
Kulda	1	0	0	0	-1	2
Pavelec	41	0	0	0	0	2
Mason	19	0	0	0	0	2
Mannino	2	0	0	0	0	0

BOSTON

Player	GP	G	A	Pts	+/-	PIM
Bergeron	53	19	25	44	22	16
Recchi	53	10	26	36	15	19
Krejci	46	7	28	35	11	15
Lucic	50	21	13	34	12	65
Horton	51	13	17	30	16	43
Ryder	53	13	15	28	-2	30
Chara	53	10	19	29	23	59
Marchand	50	14	14	28	24	30
Wheeler	53	10	13	23	7	32
Seidenberg	53	4	18	22	7	27
Campbell	51	7	11	18	7	63
Seguin	51	8	9	17	1	10
Thornton	53	8	6	14	6	86
Savard	25	2	8	10	-7	29
Ference	50	2	7	9	19	51
Boychuk	43	1	8	9	12	19
Kampfer	27	4	4	8	9	7
Caron	20	3	4	7	4	6
McQuaid	39	0	7	7	18	74
Paille	25	1	5	6	0	26
Stuart	29	1	3	4	6	23
Bartkowski	2	1	0	1	-2	2
Hamill	1	0	0	0	0	0
Arniel	1	0	0	0	-1	0
Thomas	38	0	3	3	0	6
Rask	17	0	0	0	0	0

BUFFALO

Player	GP	G	A	Pts	+/-	PIM
Vanek	51	19	25	44	-12	14
Roy	35	10	25	35	-1	16
Pominville	42	12	17	29	-6	11
Ennis	51	12	16	28	-7	18
Leopold	51	10	18	28	-8	24
Stafford	33	17	10	27	-3	24
Myers	49	6	16	22	-10	24
Connolly	37	7	14	21	-14	12
Hecht	51	8	12	20	-3	26
Gaustad	51	7	11	18	8	73
Montador	51	4	11	15	9	67
McCormick	50	7	7	14	1	54
Gerbe	34	6	8	14	3	18
Grier	51	3	10	13	4	10
Sekera	50	1	11	12	-3	14
Niedermayer	42	0	12	12	-1	18
Kaleta	39	4	7	11	-8	61
Weber	30	2	4	6	10	46
Adam	18	3	1	4	-4	10
Morrisonn	37	1	2	3	-4	18
Rivet	23	1	2	3	-5	12
Butler	21	1	3	3	-1	10
Byron	4	1	1	2	-1	2
Mancari	3	0	1	1	-1	0
Ellis	8	0	0	0	-2	0
Gragnani	3	0	0	0	1	2
Stuart	3	0	0	0	1	2
Miller	42	0	0	0	0	0
Enroth	5	0	0	0	0	0
Lalime	7	0	1	1	0	0

CALGARY

Player	GP	G	A	Pts	+/-	PIM
Iginla	54	22	27	49	-5	30
Tanguay	54	14	28	42	-1	20
Morrison	54	17	22	39	3	37
Jokinen	51	9	22	31	-15	36
Bourque	52	15	13	28	-11	32
Giordano	54	5	22	27	-9	44
Stajan	48	4	20	24	5	16
Hagman	51	9	14	23	2	28
Babchuk	54	6	16	22	1	28
Glencross	51	13	8	21	1	49
Moss	41	12	7	19	2	16
Jackman	54	7	10	17	1	72
Bouwmeester	54	4	12	16	5	32
Backlund	46	6	6	12	4	10
Sarich	48	2	9	11	4	48
Kostopoulos	48	4	4	8	0	59
Regehr	51	1	7	8	11	38
Pardy	29	1	5	6	2	24
Kotalik	20	3	0	3	-8	30
Conroy	18	2	0	2	-1	8
Staios	16	1	1	2	-1	20
Mikkelson	22	0	2	2	-6	7
Meyer	16	0	2	2	0	17
Sutter	4	0	1	1	-1	5
Brodie	3	0	0	0	-1	5
Ivanans	1	0	0	0	-1	5
Bouma	1	0	0	0	0	0
Kiprusoff	45	0	0	0	0	2
Karlsson	12	0	0	0	0	0

CAROLINA

Player	GP	G	A	Pts	+/-	PIM
Staal	53	26	27	53	-11	52
Skinner	53	18	23	41	0	22
Ruutu	53	12	29	41	-7	36
Jokinen	45	12	26	38	1	16
Cole	53	14	17	31	2	39
Corvo	53	8	19	27	-8	14
Samsonov	48	9	14	23	-1	10
Pitkanen	46	2	20	22	-1	42
LaRose	53	10	10	20	-14	41
Sutter	53	12	7	19	12	10
McBain	53	4	15	19	-3	24
Dwyer	51	7	9	16	-3	12
White	51	2	12	14	-5	16
Gleason	53	2	10	12	-8	69
Pahlsson	28	4	4	8	4	10
Boychuk	20	4	3	7	-2	4
Carter	48	1	5	6	-4	42
Harrison	51	1	4	5	3	55
Dowden	11	0	0	0	0	4

CHICAGO

Player	GP	G	A	Pts	+/-	PIM
Sharp	51	26	21	47	-13	24
Toews	50	19	26	45	11	16
Kane	43	14	25	39	-7	12
Kopecky	51	10	21	31	-10	42
Brouwer	52	15	15	30	-3	27
Seabrook	52	3	27	30	-5	32
Hossa	36	12	17	29	7	16
Keith	52	4	25	29	-2	18
Bickell	49	12	16	28	11	32
Bolland	45	12	13	25	7	30
Campbell	39	2	18	20	23	4
Skille	48	7	10	17	4	25
Dowell	50	5	12	17	10	54
Stalberg	48	8	8	16	0	24
Pisani	42	7	9	16	5	8
Boynton	40	2	8	10	2	36
Cullimore	36	0	8	8	4	8
Hjalmarsson	50	2	4	6	6	25
Morin	9	2	1	3	2	9
Leddy	16	2	0	2	-1	0
Hendry	28	1	1	2	-4	4
Scott	32	0	1	1	-2	45
Johnson	8	0	0	0	-4	0
Potulny	3	0	0	0	-1	0
Smith	3	0	0	0	-2	0
Pirri	1	0	0	0	-1	0
Klinkhammer	1	0	0	0	-1	0
Brophey	1	0	0	0	0	0
Crawford	28	0	0	0	0	0
Turco	27	0	0	0	0	6

COLORADO

Player	GP	G	A	Pts	+/-	PIM
Duchene	52	20	25	45	2	21
Hejduk	45	17	27	44	-6	12
Stastny	50	17	26	43	-2	36
Lies	52	6	29	35	5	27
Fleischmann	45	12	19	31	2	18
Stewart	31	12	17	29	-6	38
Jones	48	16	12	28	-3	20
Shattenkirk	40	7	18	25	-7	10
Yip	44	9	9	18	-7	38
Winnik	51	7	9	16	2	24
Porter	44	9	6	15	5	14
Galiardi	33	7	8	15	-5	12
O'Reilly	45	5	10	15	6	8
Dupuis	50	3	9	12	3	21
Wilson	41	3	8	11	4	32
Mauldin	29	5	5	10	5	8
Cumiskey	17	1	7	8	-3	10
Foote	40	1	7	8	-7	31
McLeod	41	4	2	6	-1	110
Hunwick	48	1	5	6	-5	19
O'Byrne	41	0	6	6	9	49
Holos	16	0	3	3	5	2
Stoa	6	2	0	2	-3	4
Gulik	5	1	1	2	-2	2
Olver	4	0	2	2	1	2
Koci	15	1	0	1	-2	26
Liffiton	4	1	0	1	3	17
Quincey	21	0	1	1	-5	18
Anderson	30	0	1	1	0	4
Budaj	26	0	1	1	0	2

COLUMBUS

Player	GP	G	A	Pts	+/-	PIM
Nash	51	23	21	44	-1	18
Umberger	52	19	19	38	7	30
Brassard	52	13	22	35	-5	32
Voracek	50	9	23	32	1	22
Vermette	52	13	18	31	-2	40
Tyutin	50	5	15	20	-4	22
Huselius	29	11	7	18	-12	8
Methot	47	0	15	15	8	46
Clark	41	5	9	14	-2	25
Russell	45	2	10	12	-2	14
Johnson	53	7	5	12	-5	28
Wilson	31	4	7	11	-2	12
Hejda	49	2	9	11	-9	20
Boll	43	6	4	10	0	134
Klesla	45	3	7	10	10	26
Stralman	38	0	10	10	-8	16
Scuderi	49	1	3	4	-9	12
Richardson	20	4	4	8	5	4
Clifford	49	4	3	7	-6	109
Ponikarovsky	10	2	6	8	5	6
Filatov	23	0	7	7	3	8
Commodore	20	2	4	6	-8	44
Calvert	12	3	2	5	5	16
Moreau	23	1	4	5	-5	16
Sestito	9	2	2	4	-4	40
Holden	5	0	0	0	0	0
Guenin	3	0	0	0	-3	2
Blunden	1	0	0	0	-1	0
Moore	1	0	0	0	-1	0
Mason	34	0	1	1	0	0
Garon	25	0	1	1	0	2

DALLAS

Player	GP	G	A	Pts	+/-	PIM
Richards	53	21	38	59	3	24
Ribeiro	52	18	34	52	13	4
Neal	53	10	37	47	3	58
Morrow	53	23	13	36	-2	45
Benn	46	13	20	33	-5	36
Robidas	52	3	21	24	6	55
Ott	53	9	11	20	-7	132
Daley	52	5	15	20	8	22
Langenbrunner	42	5	13	18	-14	27
Burish	52	7	4	11	2	77
Segal	36	4	5	9	0	34
Grossman	51	1	7	8	3	33
Woywitka	34	1	6	7	8	18
Skrastins	49	3	3	6	-3	30
Niskanen	42	0	6	6	-2	30
Wandell	46	3	1	4	-4	6
Sutherby	41	2	2	4	-5	54
Fistric	34	2	1	3	-7	32
Petersen	34	1	2	3	-7	6
Barch	32	0	1	2	-6	80
Gagnon	12	0	2	2	-1	0
Larsen	6	0	2	2	1	0
Morin	3	0	0	0	0	0
Sawada	1	0	0	0	-1	0
Wathier	1	0	0	0	-1	0
Scevlour	1	0	0	0	-1	0
Lehtonen	41	0	4	4	0	4
Raycroft	16	0	0	0	0	0
Bachman	1	0	0	0	0	0

DETROIT

Player	GP	G	A	Pts	+/-	PIM
Zetterberg	52	16	40	56	7	28
Lidstrom	52	11	33	44	-4	12
Franzen	51	26	15	41	4	26
Datsyuk	33	12	27	39	8	11
Rafalski	41	4	30	34	11	14
Kronwall	52	8	22	30	-3	38
Cleary	38	16	10	26	3	8
Kronwall	52	9	16	25	1	24
Holmstrom	44	11	11	22	1	44
Helm	52	6	16	22	8	8
Eaves	44	13	7	20	5	10
Hudler	47	4	14	18	-8	14
Ericsson	44	3	10	13	9	54
Stuart	41	3	9	12	7	26
Miller	45	3	8	11	2	4
Abdulkalek	44	3	8	11	42	10
Modano	20	2	6	8	-3	6
Salei	51	0	8	8	3	38
Draper	24	5	2	7	0	4
Kindl	24	1	0	1	1	14
Mursak	17	1	0	1	0	4
Tatar	9	1	0	1	0	0
Emmerton	2	1	0	1	1	0
Janik	7	0	0	0	-2	7
Howard	39	0	1	1	0	2
Osgood	11	0	0	0	0	4
Mcdonald	4	0	0	0	0	0

EDMONTON

Player	GP	G	A	Pts	+/-	PIM
Penner	51	17	16	33	-9	35
Gagner	52	12	21	33	-12	31
Hall	52	17	15	32	-9	16
Hemsky	35	9	21	30	2	10
Whitney	35	2	25	27	13	33
Eberle	39	9	16	25	-3	4
Paajarvi	50	9	13	22	-2	12
Cogliano	52	7	13	20	-10	37
Horcoff	31	7	11	18	2	18
Jones	51	11	4	15	-4	17
Gilbert	52	5	10	15	-10	24
Omark	48	3	10	13	-8	12
Foster	48	3	9	12	-10	31
Peckham	49	3	6	9	-4	115
Brule	24	6	2	8	-7	33
Smid	48	0	8	8	-11	59
Vandermeer	32	1	5	6	-1	36
Reddox	15	0	5	5	-1	0
Stortini	32	0	4	4	-2	76
Jacques	29	3	0	3	0	17
Fraser	51	2	1	3	-1	54
Petry	17	1	2	3	-2	2
O'Marra	9	1	2	3	0	2
Chorney	6	0	2	2	-3	2
MacIntyre	16	0	1	1	0	42
Strudwick	22	0	0	0	-8	11
Bass	5	0	0	0	-2	0
Khabibulin	34	0	0	0	0	6
Dubnyk	18	0	0	0	0	2
Gerber	2	0	1	1	0	0

FLORIDA

Player	GP	G	A	Pts	+/-	PIM
Weiss	51	15	21	36	-4	26
Booth	52	14	14	28	-5	12
Santorelli	52	14	14	28	-5	12
Frolik	51	8	20	28	2	14
Wideman	52	7	19	26	-16	29
Stillman	38	7	14	21	8	14
McCabe	43	5	16	21	7	30
Reasoner	52	10	10	20	6	18
Higgins	39	9	10	19	7	10
Dvorak	43	6	13	19	4	14
Kulikov	49	5	14	19	9	26
Matthias	47	6	10	16	1	16
Olesz	35	5	11	16	3	6
Bernier	41	4	9	13	-7	12
Allen	43	4	8	12	3	35
Dadonov	25	4	7	11	2	14
Reinprecht	29	4	6	10	-2	6
Weaver	52	2	8	10	0	16
Garrison	43	2	5	7	-1	12
Ellerby	26	1	6	7	4	10
Thomas	13	2	3	5	2	4
Hordichuk	38	1	3	4	3	46
Repik	8	1	1	2	-4	4
Timmins	3	1	0	1	-1	0
McArdle	5	0	0	0	0	11
Callahan	4	0	0	0	1	2
Wilson	2	0	0	0	0	2
Vokoun	39	0	1	1	0	2
Clemmensen	17	0	1	1	0	0
Markstrom	1	0	0	0	0	0

LOS ANGELES

Player	GP	G	A	Pts	+/-	PIM
Kopitar	53	16	34	50	16	14
Williams	53	19	23	42	17	49
Brown	53	18	21	39	15	49
Johnson	53	7	32	39	7	58
Smyth	53	19	15	34	9	29
Stoll	53	14	18	32	7	26
Doughty	47	6	22	28	13	38
Handzus	53	7	13	20	-2	16
Simmonds	51	9	8	17	-4	58
Scuderi	53	2	11	13	12	109
Richardson	47	6	6	12	-7	25
Clifford	49	4	4	8	-13	81
Ponikarovsky	33	4	4	8	3	18
Sturm	15	4	4	8	5	17
Martinez	33	3	5	8	0	12
Lewis	43	2	3	5	-10	4
Mitchell	28	1	4	5	4	13
Drewiske	36	0	5	5	-1	19
Loktionov	14	2	2	4	0	2
Harrold	18	1	2	3	4	4
Parse	5	1	3	4	5	0
Greene	42	0	4	4	3	42
Moller	4	1	2	3	1	0
Westgarth	36	0	3	3	-5	59
Schenn	8	0	2	2	-1	0
Muzzin	11	0	1	1	-2	2
King	6	0	0	0	-2	2
Zeiler	4	0	0	0	-1	0
Quick	40	0	1	1	0	0
Bernier	15	0	0	0	0	0

MINNESOTA

Player	GP	G	A	Pts	+/-	PIM
Havlat	52	14	31	45	0	32
Koivu	52	14	31	45	7	32
Burns	50	14	17	31	-4	64
Cullen	48	10	21	31	1	18
Brunette	52	14	16	30	-5	12
Miettinen	43	9	15	24	-5	20
Clutterbuck	51	14	9	23	4	30
Brodziak	52	10	10	20	3	32
Zidlicky	30	4	16	20	0	22
Bouchard	29	5	13	18	2	4
Madden	50	7	8	15	-8	6
Veltz	49	3	11	14	0	30
Kobasew	38	9	4	13	0	15
O'Sullivan	31	2	6	8	-2	4
Latendresse	8	3	3	6	2	8
Nystrom	52	1	5	6	-12	24
Barker	43	1	4	5	-10	27
Stoner	30	1	2	3	9	32
Zanon	52	0	3	3	5	28
Staubitz	44	0	3	3	-3	89
Falk	19	0	2	2	-2	6
Scandella	16	0	2	2	-5	2
Spurgeon	23	0	1	1	-2	2
Wellman	12	0	1	1	-1	4
Earl	6	0	0	0	-3	0
Almond	5	0	0	0	-1	0
Kassian	4	0	0	0	-1	2
Gillies	3	0	0	0	0	0
Peters	2	0	0	0	0	2
Backstrom	31	0	0	0	0	2
Theodore	19	0	0	0	0	0
Khudobin	4	0	0	0	0	0

MONTREAL

Player	GP	G	A	Pts	+/-	PIM
Plekanec	53	18	25	43	12	42
Wisniewski	47	5	29	34	-18	26
Cammalleri	44	13	18	31	6	29
Kostitsyn	53	13	16	29	14	22
Gionta	54	19	9	28	1	32
Gomez	52	7	21	28	-10	34
Subban	49	6	17	23	-1	67
Pouliot	51	10	11	21	3	28
Hamrlik	51	4	17	21	3	44
Markov	48	9	11	20	7	10
Halpern	52	8	12	20	5	21
Spacek	54	1	14	15	7	30
Paciorety	24	6	8	14	-2	31
Moen	53	3	6	9	-2	63
Eller	50	3	4	7	-3	18
Picard	33	3	4	7	2	15
Gorges	36	1	6	7	-3	18
Weber	25	0	7	7	5	8
Desharnais	15	3	2	5	-2	2
Gill	54	0	5	5	-5	35
Pyatt	43	1	3	4	-4	6
Markov	7	1	2	3	2	4
Boyd	10	1	0	1	-6	2
White	3	0	0	0	1	5
Engqvist	2	0	0	0	0	0
Price	48	0	1	1	0	2
Auld	8	0	0	0	0	2

NASHVILLE

Player	GP	G	A	Pts	+/-	PIM
Weber	53	10	23	33	6	40
Kostitsyn	49	14	16	30	4	10
Hornqvist	50	16	12	28	1	22
Wilson	53	12	15	27	11	8
Erat	37	7	17	24	8	14
Suter	42	1	23	24	18	32
Goc	47	9	14	23	11	4
Sullivan	35	10	10	20	4	22
Franson	51	6	14	20	6	22
Ward	53	7	12	19	-2	32
Legwand	35	7	11	18	6	16
O'Reilly	38	6	12	18	4	2
Dumont	52	9	8	17	4	14
Klein	52	2	10	12	5	22
Tootoo	32	6	5	11	2	52
Bonk	44	1	9	10	-3	27
Smithson	53	5	4	9	-4	28
O'Brien	51	2	6	8	-5	45
Spaling	45	4	3	7	-8	14
Sulzer	24	1	2	3	-2	12
Halischuk	8	1	2	3	-2	2
Svatos	7	1	2	3	2	2
Mueller	15	0	3	3	0	2
Belak	15	0	0	0	-1	18
Klasen	4	0	0	0	-3	0
Thuresson	3	0	0	0	-1	0
Lombardi	2	0	0	0	-1	0
Begin	2	0	0	0	-2	4
Laakso	1	0	0	0	0	0
Rinne	36	0	0	0	0	10
Lindback	20	0	0	0	0	0

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- "ANY ILLNESS HAS HEALING"

Shaman

I did not believe in witches and spells until my fiancé was away from me. For no reason I started to feel a great pain and became weak; I was completely defeated. But thanks God I have returned to my normal live, Thanks shaman for your advise and healing. *MEENA*

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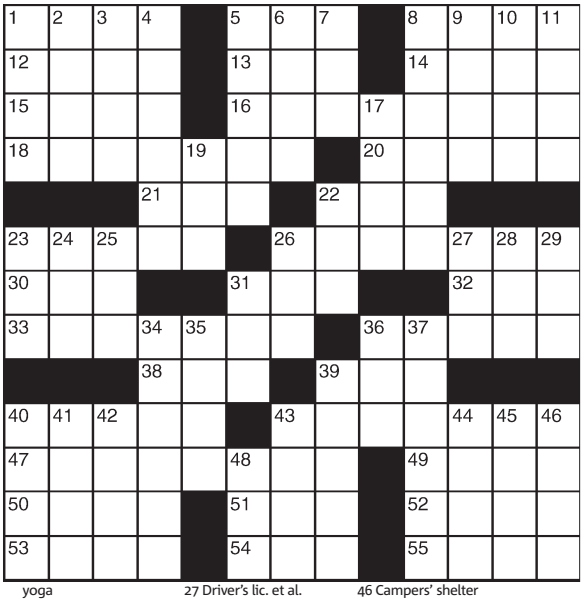

Across

1 Grand story
5 CXXII quintupled
8 Pond organism
12 Wealthy
13 Boxer Muhammad
14 Adolescent
15 Old portico
16 Home aquarium
18 Shirt style
20 Third rock from the Sun
21 Anonymous Richard
22 Lobbying org.
23 English composition
26 Sarge in military slang
30 Before
31 Dine
32 Female deer
33 Fight with both fists and feet
36 Johnny Mathis classic
38 Under the weather
39 Bronze
40 — -Saxon
43 Grandstand location
47 Strap in a car
49 Desire
50 Hardy cabbage
51 Wish undone
52 Property claim
53 Luminary
54 Jewel
55 Criterion

Down

1 Formerly, formerly
2 Pocket bread
3 PC picture
4 Energy point, in yoga
5 Actor Willem
6 Paper fastener
7 Greek consonants
8 Charge
9 Mad Shakespearean king
10 Courteous bloke
11 Egyptian cross
17 Jalopy
19 Plaything
22 Burst
23 "A mouse!"
24 — Lanka
25 Moment
26 Monkey suit
27 Driver's lic. et al.
28 Barracks bed
29 Lock opener
31 ... —, la, ti, do
34 Off- — (askew)
35 Amorphous mass
36 Upper limit, for short
37 Injury additive?
39 Clan emblem
40 Requests
41 Tidy
42 Big party
43 Despondent
44 Great Lake
45 Quite some time
46 Campers' shelter
48 Work unit

▶ Yesterday's answer

O	O	H	S		R	E	B		B	A	G	S		
B	L	O	C		E	L	L		E	U	R	O		
O	D	O	R		F	O	U	R	S	T	A	R		
E	S	K	I	M	O		E	N	T	O	M	B		
			P	A	R	R		A	I	M				
T	W	O	T	I	M	E	R		R	A	R	E		
E	A	U		M	A	S	A	I		T	O	N		
A	R	T	Y		T	E	N	S	P	E	E	D		
			F	I	T		E	C	T	O				
U	T	O	P	I	A		H	O	T	R	O	D		
S	I	X	P	E	N	C	E		A	U	T	O		
E	P	E	E		O	U	R		S	N	I	T		
R	I	D	E		N	E	O		H	E	S	S		

Sudoku

					5		8	
8	5				3	1		
	9		7			4		
	8			6	1		7	
6								5
	4		8	9			6	
		5			4		3	
		7	3				9	1
	1		2					

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	9	5	4	7	3	2	6	8
7	8	3	2	5	6	4	1	9
6	4	2	8	1	9	3	7	5
5	7	4	6	8	1	9	3	2
8	3	6	9	2	7	5	4	1
9	2	1	3	4	5	7	8	6
2	5	8	7	6	4	1	9	3
3	6	7	1	9	2	8	5	4
4	1	9	5	3	8	6	2	7

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

Zach, I love you more than words can explain. I'm sorry for anything and everything. All I want is for it all to be better. You're my best friend and you mean the world to me. I'm sorry and I love you, **J**

Beautiful Green Eyes. You're the only one in all Universes! My love for you will never die. The reason for this, I know why. You're a true Angel... Hi :) Trust in my heart, I'll never lie. **ART HEART**

To Gwendolyn,
You make my day shine brighter than the sun, I can't stop thinking about you. I'm sorry for what I did. I hope you can forgive me. **LOVE GUILLERMO**

Bo Ilie, 6 yrs flew by loving you unconditionally & I cant wait to spend another 60 yrs with you. You have made my life so exciting! **ALWAYS YOURS, GINA**

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For today's crossword answers and for expanded horoscopes, go to metronews.ca

Today's horoscope

♈ Aries March 21-April 20 You think you are the only one who knows what is going on. But before you go spreading your conspiracy theory, it might be wise to wait a while. New information will put everything into perspective.

♉ Taurus April 21-May 21 If you are the kind of Taurus who gets involved in causes to make the world a better place, you will enjoy yourself immensely today.

♊ Gemini May 22-June 21 Both in your personal life and at work, you will go out of your way to help people in need today. However, watch out for individuals who trick you into thinking they need assistance when really they are just lazy.

♋ Cancer June 22-July 22 You have known for some time that you need to get serious about your money situation. What happens today will force you to save. You also need to find new sources of income.

♌ Leo July 23-Aug.23 Make a special effort to get your message across to loved ones. Is there something you have been wanting to say but for one reason or another never got around to? Say it today, and watch faces light up.

♍ Virgo Aug. 24- Sept. 22 Give your imagination permission to roam today and don't reject ideas just because they seem too outrageous to ever come true. You have the power to make things happen.

♎ Libra Sept. 23-Oct. 23 Don't worry if others say you are acting irrationally. What they mean is that they don't understand you. That's not a bad thing. The last thing you want is for others to be able to predict your next move.

♏ Scorpio Oct. 24-Nov. 22 You don't have to do anything special or go anywhere new to attract good things today. Just stay right where you are and they will find you.

♐ Sagittarius Nov. 23-Dec. 21 If you reach for the biggest prize, you can make it yours with ease. You have so much talent and so much potential, and it's about time you did something with it. Make it something great.

♑ Capricorn Dec. 22-Jan. 20 Social and travels plans are under excellent stars, so get out. You don't have to ask anyone's permission to set off on a new adventure.

♒ Aquarius Jan. 21-Feb. 18 There is nothing you like more than a challenge and today you will be pushed to your limits, and maybe beyond. The more others say you are aiming too high the more determined you will be.

♓ Pisces Feb. 19-March 20 Every thought you have affects what happens to you in the future. Your mind really does create your reality. Think about that, then resolve to be more positive in your outlook.

SALLY BROMPTON

Caption contest

MARK J. TERRILL/ THE ASSOCIATED PRESS

"Can you wax these for me?" SHIV

WIN!

You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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